

Artistic Gymnastics



Venue: Priest Valley Gym

Thursday, March 23, 2023

Start	End	Event
12:45	14:30	MAG Training
14:30	15:00	Apparatus Change Over
15:00	16:45	WAG Training
21:15	22:00	Athlete and Coaches Meeting

Friday, March 24, 2023

Start	End	Event
Session 1: WAG – Team and All Around Competition – CCP 7		
8:30		Judges' Meeting
8:55		Coaches' Meeting
9:10	9:25	General Warm-up
9:30	12:00	March-in and Competition
Session 2: WAG – Team and All Around Competition – CCP 8		
12:30		Coaches' Meeting
12:40	12:55	General Warm-up
13:00	15:30	March-in and Competition
15:30		Coaches' Meeting to confirm finalist
15:40	16:00	WAG Team and All Around Medal Presentations
Session 3: MAG – Team and All Around Competition		
16:00		Judges' Meeting
16:00		Coaches' Meeting
16:15	16:35	General Warm-up
16:45	19:30	March-in and Competition
19:45		Coaches' Meeting to confirm finalist
20:00	20:20	MAG Team and All Around Medal Presentations

Saturday, March 25, 2023

Start	End	Event
Session 4: WAG Apparatus Finals (V, FX) MAG Apparatus Finals (PH, PB, HB)		
9:00		Coaches' meeting
9:00		Judges' meeting
9:00	9:25	General Warm-up
9:30	11:30	March-in and competition
Session 5: WAG Apparatus Finals (UB, BB) MAG Apparatus Finals (FX, R, V)		
13:00	13:25	General Warm-up
13:30	15:30	March-in and competition
15:30	16:00	MAG and WAG Medal Presentations

Sunday, March 26, 2023

Start	End	Event
9:45	10:45	Podium Search at Priest Valley Gym (athlete fitness testing)



We respectfully acknowledge the traditional and unceded territory of the sqilxsm/syilx (Okanagan) peoples.