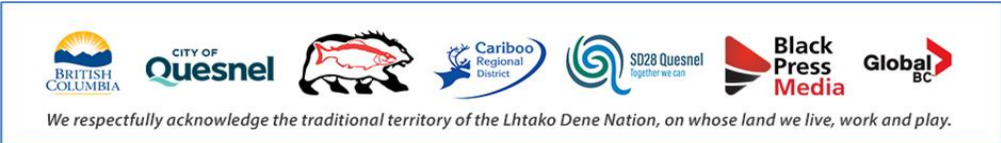


FINAL - Feb 5, 2024

Speed Skating

Sport Venue **Kin Centre Arena - Prince George**
 Breakfast **Quesnel Seniors Centre**
 Dinner **Kin Centre Arena/Quesnel Seniors Centre**
 Accommodation **Red Bluff Elementary**
 Showers **Sport venue (primary) / Accommodation site (6)**
 Shuttle Route **Route D**

Bus & Meal Schedule



The Bus and Meal schedule is the Games itinerary by Sport. It starts as of Thursday morning from respective accommodation sites. All Participants will arrive Wednesday evening and go through Participant Accreditation and a Wednesday Dinner service. Separate itinerary will be provided for Wednesday evening.

Thursday February 22, 2024		Zones:	All	112
Depart by bus from Red Bluff Elementary to Quesnel Seniors Centre for breakfast			7:23	
Arrive at Quesnel Seniors Centre			7:40	
Breakfast and pack your own Grab and Go lunch			7:40	8:10
Depart by bus from Quesnel Seniors Centre to Kin Centre Arena - Prince George			8:10	
Arrive at Kin Centre Arena - Prince George			9:45	
4 on-ice practice blocks (3 for SSBC Zones, 1 for SOBC). Skaters not on the ice will do athlete coach meetings, team-building, off-ice work, etc. with their Zone coaches			10:00	14:45
Depart by bus from Kin Centre Arena - Prince George to Red Bluff Elementary			15:00	
Arrive at Red Bluff Elementary			16:45	
Depart by bus from Red Bluff Elementary to Quesnel Seniors Centre for dinner			17:33	
Arrive at Quesnel Seniors Centre			17:50	
Dinner			17:50	18:20
Walk to Opening Ceremony marshalling area at Arena 2 and enjoy activities at the marshalling area prior to the Opening Ceremony - report to marshalling no later than 6:45				
At the conclusion of the Opening Ceremony follow volunteers to the next available shuttle bus and board by the assigned 'Route' letter to return to respective accommodation sites				
Coaches Meeting (accommodation venue)				
Friday February 23, 2024		Zones:	All	112
Depart by bus from Red Bluff Elementary to Quesnel Seniors Centre for breakfast			7:23	
Arrive at Quesnel Seniors Centre			7:40	
Breakfast and pack your own Grab and Go lunch			7:40	8:10
Depart by bus from Quesnel Seniors Centre to Kin Centre Arena - Prince George			8:10	
Arrive at Kin Centre Arena - Prince George			9:45	
Competition			10:30	17:00
Medal Presentations			17:00	17:30
Dinner and Showers at Kin Centre Arena - Prince George			17:30	18:30
Depart by bus from Kin Centre Arena - Prince George to Red Bluff Elementary			18:30	
Arrive at Red Bluff Elementary			20:15	
approximately every 20 minutes from accommodation sites - games, activities, free swim and more at Arts & Recreation Centre. Bring small swim bag for those that wish - bag check services available			19:00	22:00

FINAL - Feb 5, 2024**Speed Skating**

Sport Venue **Kin Centre Arena - Prince George**
 Breakfast **Quesnel Seniors Centre**
 Dinner **Kin Centre Arena/Quesnel Seniors Centre**
 Accommodation **Red Bluff Elementary**
 Showers **Sport venue (primary) / Accommodation site (6)**
 Shuttle Route **Route D**

Bus & Meal Schedule



The Bus and Meal schedule is the Games itinerary by Sport. It starts as of Thursday morning from respective accommodation sites. All Participants will arrive Wednesday evening and go through Participant Accreditation and a Wednesday Dinner service. Separate itinerary will be provided for Wednesday evening.

Saturday February 24, 2024		Zones:	All	112
Depart by bus from Red Bluff Elementary to Quesnel Seniors Centre for breakfast			7:23	
Arrive at Quesnel Seniors Centre			7:40	
Breakfast and pack your own Grab and Go lunch			7:40	8:10
Depart by bus from Quesnel Seniors Centre to Kin Centre Arena - Prince George			8:10	
Master Mentor Coach from Coach Mentorship program present with sport for coach development enhancement opportunities			8:10	12:30
Arrive at Kin Centre Arena - Prince George			9:45	
Competition			10:30	17:00
Zone Team and Officials photos			16:30	17:30
Medal Presentations			17:00	17:30
Dinner and Showers at Kin Centre Arena - Prince George			17:30	18:30
Depart by bus from Kin Centre Arena - Prince George to Red Bluff Elementary			18:30	
Arrive at Red Bluff Elementary			20:15	
Those wishing to attend the Participant Special Event board shuttle buses running to/from event approximately every 20 minutes from accommodation sites - Lhtako Dene cultural event - dress for outside			19:00	22:00
Sunday February 25, 2024		Zones:	All	112
Prepare for accommodation check out. Pack your bags, tidy rooms, stack foamies in foyer, and thank your volunteers! Refer to Participant Travel Itinerary for external transportation details				
Dress appropriately for brief outdoor Closing Celebration				
Zones 6 & 8 (FSJ): Load luggage on luggage trucks for transport to Departures Area/Quesnel SR Centre. Pack accordingly as you will not have access to your checked luggage - keep a light day bag. Upon arrival at breakfast, retrieve checked luggage from luggage truck and move to designated storage area			8:33	
rooms				
Depart by bus from Red Bluff Elementary to Quesnel Seniors Centre for breakfast			8:43	
Arrive at Quesnel Seniors Centre			9:00	
Zones 6 & 8(FSJ): Unload luggage and place in luggage storage area				
Breakfast and pack your own Grab and Go lunch			9:00	9:30
After breakfast walk to LeBourdais Park (behind West Fraser Centre) to meet at 9:35 for Closing Celebration				
Closing Celebration and volunteer salute			9:45	10:15
Zones 2, 3, 4, 5, 7 & 8 (PG) and Own travelers: load onto school buses by the route system to transfer back to accommodation sites			10:30	
Zones 6 & 8(FSJ): report to the holding area at Helen Dixon school and wait for your departure time based on your Participant Travel Itinerary			10:30	
Zones 2, 3, 4, 5, 7 & 8 (PG): Upon arrival to accommodation, retrieve your belongings from classroom and wait for your departure time based on your Participant Travel Itinerary				
Own travelers, retrieve belongings and depart for home from accommodation site				
Games conclude ~ Be sure you thank your Coaches!				