

Sport Venue **Priest Valley Gym**  
 Meals **Vernon Recreation Centre Auditorium**  
 Accommodation **Seaton Secondary**  
 Showers **Seaton Secondary Gym**  
 Shuttle Route **B**



We respectfully acknowledge the traditional and unceded territory of the sqilx̓'/syilx̓' (Okanagan) peoples.

The Bus and Meal schedule is the Games itinerary by Sport. It starts as of Thursday morning from respective accommodation sites. Participant Accreditation will occur at accommodation sites. All transportation and appropriate meal arrangements will be in place to get participants to Greater Vernon.

Thursday March 23, 2023		Zones:		All	111				
Depart by bus from Seaton Secondary to Priest Valley Gym				12:28					
Arrive at Priest Valley Gym				12:35					
MAG Training				12:45	-	14:30			
Zone Team and Officials photos				14:00	-	15:00			
WAG Training				15:00	-	16:45			
Depart by bus from Priest Valley Gym to Seaton Secondary				17:00					
Arrive at Seaton Secondary				17:07					
Depart by bus from Seaton Secondary to Vernon Recreation Centre Auditorium for dinner				17:38					
Arrive at Vernon Recreation Centre Auditorium				17:45					
Dinner				17:45	-	18:15			
Depart by the next available shuttle bus and enjoy activities at the marshalling area prior to the Opening Ceremony (show expected to run approximately 19:00-)				18:15					
At the conclusion of the Opening Ceremony follow volunteers to the next available shuttle bus and board by the assigned 'Route' letter (located on your accreditation badge or on top of this schedule) for return to respective accommodation sites									
Athlete and Coaches meeting at Seaton Secondary				21:15	-	22:00			
Friday March 24, 2023		Teams:		WAG	70	MAG	41		
Depart by bus from Seaton Secondary to Vernon Recreation Centre Auditorium for breakfast				7:51		8:21			
Arrive at Vernon Recreation Centre Auditorium				8:00		8:30			
Breakfast and pack your own Grab and Go lunch				8:00	8:30	8:30	9:00		
Walk from Vernon Recreation Centre Auditorium to Priest Valley Gym				8:30		9:00			
Arrive at Priest Valley Gym				8:33		9:03			
Practice and competition begins				9:10		16:15			
Competition Ends - WAG					15:30				
Competition Ends - MAG						19:30			
Medal Presentations				15:40	-	16:00	20:00	-	20:20
Walk from Priest Valley Gym to Vernon Recreation Centre Auditorium for dinner				17:27		20:37			
Dinner				17:30	-	18:00	20:40	-	21:10
Depart by bus from Vernon Recreation Centre Auditorium to Seaton Secondary				18:00		21:10			
Arrive at Seaton Secondary				18:09		21:19			
Those wishing to attend the Participant Special Event board shuttle buses running to/from event approximately every 20 minutes from accommodation sites starting at 6:45-10:00pm				19:00	-	22:00			

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**Saturday**  
**March 25, 2023**

	Zones:	All	111				
Depart by bus from Seaton Secondary to Vernon Recreation Centre Auditorium for breakfast		7:51					
Arrive at Vernon Recreation Centre Auditorium		8:00					
Breakfast and pack your own Grab and Go lunch		8:00	8:30				
Walk from Vernon Recreation Centre Auditorium to Priest Valley Gym		8:30					
Arrive at Priest Valley Gym		8:33					
Practice and competition begins		9:00					
Competition Ends - WAG and MAG			15:30				
Medal Presentations		15:30	- 16:00				
Walk from Priest Valley Gym to Vernon Recreation Centre Auditorium for dinner		16:27					
Arrive at Vernon Recreation Centre Auditorium		16:30					
Dinner		16:30	- 17:00				
Depart by bus from Vernon Recreation Centre Auditorium to Seaton Secondary		17:00					
Arrive at Seaton Secondary		17:09					
Those wishing to attend the Participant Special Event board shuttle buses running to/from event approximately every 20 minutes from accommodation sites starting at 6:45-10:00pm		19:00	- 22:00				

**Sunday**  
**March 26, 2023**

	Zones:	All	111				
Depart by bus from Seaton Secondary to Vernon Recreation Centre Auditorium		8:51					
Arrive at Vernon Recreation Centre Auditorium		9:00					
Breakfast and pack your own Grab and Go lunch		9:00	9:30				
Walk to Priest Valley Gym for Podium Search		9:30					
Podium Search - Athlete fitness testing. Dress appropriately in active gear and coach presence expected		9:45	10:45				
Depart by bus from Priest Valley Gym to Seaton Secondary		11:00					
Arrive at Seaton Secondary		11:09					
Check out of accommodations with all belongings, tidy rooms and stack foams in foyer. Be sure to thank your volunteers		11:30	- 14:00				
Own Travellers to depart for home with parents from accommodation site		11:30					
Zone 1, Zone 6 North (Nanaimo Ferry) and Zone 7 to depart accommodation site with all luggage and transfer to the Vernon Recreation Auditorium. Report to the Holding Area no later than 12:30 for more departures information. Check travel itinerary		11:45	- 12:00				
Zone 3, 4, 5, 6 South (Victoria Ferry) and Zone 8 will depart for home from the accommodation site. Be aware of staggered departure times by home zone destination. Check specifics on travel itinerary.		12:00	- 14:00				
Games concludes. Be sure to thank your coaches. Watch for the Closing Ceremony video dropped online							