

FINAL Rowing

Sport Venue **Burnaby Lake**
 Breakfast **Maple Ridge Secondary**
 Dinner **Golden Ears Winter Club**
 Accommodation **Westview Secondary**
 Showers **Accommodation Site**
 Shuttle Route **D**



Scan QR code for online Bus & Meal and Sport Schedules

Updated: July 11, 2024

This Bus & Meal Schedule is your sport's itinerary for the duration of the BC Summer Games. It begins as of Thursday morning from your accommodation site. All transportation and meals will be in place to get participants to Maple Ridge, through accreditation, and checked into accommodation sites on Wednesday, July 17.

SHOWERS: Showers are located at the accommodation site. Please be mindful of your length of showers, as many other athletes and coaches are staying or competing at your accommodation site. Coaches should work together to schedule times for their zone teams to shower.

Thursday July 18, 2024	Zones:	Shift One All 63
Depart by bus to Maple Ridge Secondary for breakfast		6:01 AM
Arrive at Maple Ridge Secondary		6:12 AM
Breakfast		6:15 AM - 6:55 AM
Depart by bus to Burnaby Lake		7:03 AM
Arrive at Burnaby Lake		8:03 AM
Athletes and Coaches Meeting		9:00 AM - 9:30 AM
Warm-up		10:00 AM - 12:00 PM
Lunch at Burnaby Lake (63)		11:30 AM
Master Mentor Coach from Coach Mentorship Program present with sport in the afternoon for possible coach development enhancement opportunities.		
Control Open		12:15 PM
Competition Begins		1:15 PM
Competition Ends		3:30 PM
Depart by bus to Westview Secondary		3:45 PM
Arrive at Westview Secondary		4:50 PM
Depart by bus to Golden Ears Winter Club for dinner and the Opening Ceremony		5:37 PM
Arrive at Golden Ears Winter Club		5:57 PM
Dinner		6:00 PM - 6:30 PM
After your dinner at Golden Ears Winter Club (GEWC), walk to the Opening Ceremony Marshalling Area at Albion Fairgrounds, which is located across the parking lot from GEWC.		
At the conclusion of the Opening Ceremony, you will be marshalled towards the shuttle buses for departures to your accommodation site. Shuttles are based on assigned Shuttle Route (see top of the Bus & Meal Schedule or your accreditation badge).		



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Friday July 19, 2024	Zones:	Shift One All 63
Depart by bus to Maple Ridge Secondary for breakfast		6:01 AM
Arrive at Maple Ridge Secondary		6:12 AM
Breakfast		6:15 AM - 6:55 AM
Depart by bus to Burnaby Lake		7:03 AM
Arrive at Burnaby Lake		8:03 AM
Control Open		9:00 AM
Competition Begins		9:30 AM
Competition Ends		11:45 AM
Lunch at Burnaby Lake (71)		11:45 AM
Sport Development Session at Burnaby Lake Sport Complex (Field 9)		12:30 PM - 2:30 PM
Depart by bus to Westview Secondary		3:00 PM
Arrive at Westview Secondary		4:05 PM
Depart by bus to Golden Ears Winter Club for dinner		5:52 PM
Arrive at Golden Ears Winter Club		6:12 PM
Dinner		6:15 PM - 6:55 PM
Depart by bus to Participant Special Event and Westview Secondary		6:58 PM

After leaving dinner, your bus will stop at the Participant Special Event and then continue on to your accommodation site. This will be the only opportunity to go to the Participant Special Event. Shuttles back to your accommodation will begin at 8:30 pm and will run every 15–20 minutes. The Participant Special Event concludes at



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Saturday July 20, 2024 **Zones:** **Shift One All 63**

Depart by bus to Maple Ridge Secondary for breakfast	6:01 AM
Arrive at Maple Ridge Secondary	6:12 AM
Breakfast	6:15 AM - 6:55 AM
Depart by bus to Burnaby Lake	7:03 AM
Arrive at Burnaby Lake	8:03 AM
Control Open	9:00 AM
Competition Begins	9:43 AM
Competition Ends	12:30 PM
Lunch at Burnaby Lake (71)	12:30 PM
Zone Team Photos at Burnaby Lake	1:00 PM - 1:30 PM
Depart by bus to Westview Secondary	1:30 PM
Arrive at Westview Secondary	2:35 PM
Sport Development Session at Westview Secondary (Multi-Purpose Room 1105)	3:00 PM - 4:30 PM
Depart by bus to Golden Ears Winter Club for dinner	6:07 PM
Arrive at Golden Ears Winter Club	6:27 PM
Dinner	6:30 PM - 7:10 PM
Depart by bus to Participant Special Event and Westview Secondary	7:13 PM

After leaving dinner, your bus will stop at the Participant Special Event and then continue on to your accommodation site. This will be the only opportunity to go to the Participant Special Event. Shuttles back to your accommodation will begin at 8:30 pm and will run every 15–20 minutes. The Participant Special Event concludes at 8:30 pm.

Pack your luggage before going to bed on Saturday night. There will be very little time to pack your luggage before departing your accommodation site on Sunday morning.



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Sunday July 21, 2024 **Shift One**
Zones: All 63

Before leaving the accommodation site for breakfast, load your luggage into the luggage truck assigned to your sport. You MUST load all luggage EXCEPT FOR competition and shower gear. You will not be returning to the accommodation site. The luggage truck will take your luggage to the Bus Departures Area and volunteers will place it in a designated area for your sport. You will be dropped off at this location after your competition.

Depart by bus with competition and shower gear to Maple Ridge Secondary for breakfast	5:07 AM
Arrive at Maple Ridge Secondary	5:27 AM
Breakfast	5:30 AM - 6:10 AM
Depart by bus to Burnaby Lake	6:18 AM
Arrive at Burnaby Lake	7:18 AM
Control Open	7:45 AM
Competition Begins	8:21 AM
Competition Ends	10:30 AM
Lunch at Burnaby Lake (71)	10:45 AM
Medal Presentations	11:00 AM - 11:30 AM
Depart by bus to Golden Ears Winter Club for Closing Celebration and departures	11:45 AM
Arrive at Golden Ears Winter Club	12:45 PM
Shower at Planet Ice (Cam Neely Arena - Rooms 3 and 4)	1:00 PM - 1:30 PM

Upon arrival at Golden Ears Winter Club (GEWC), collect your luggage from the designated storage area for your sport inside GEWC. Then take your luggage to the Bus Departures Area and drop it at the designated space for your method of travel home. If you are on a Games charter bus or flight, drop your luggage at the stall designated with your Bus # or Flight # as identified on your Games travel itinerary. If you are making your own way home from the Games, wait until your parent/guardian is on-site to pick you up before collecting your luggage from GEWC.

Once you have dropped your luggage in the designated area, you are welcome to walk to the Closing Celebration at Albion Fairgrounds for an opportunity to celebrate and say goodbye to your fellow participants. The Closing Celebration is an ongoing event that will feature 15 minutes of speeches at 1:15 pm. Not all sports will be on-site for the speeches. Please ensure you depart the Closing Celebration with enough time to catch your bus or flight departure, even if it means missing the speeches.

All Games travel home departs from the Bus Departures Area between 1:00 pm and 4:05 pm. Board the appropriate bus as identified either by the Bus # or Flight # that is noted on your Games travel itinerary. If you are on a bus home, your Games travel itinerary will show the scheduled departure time from the Bus Departures Area. If you are on flight, you will be bused directly to the airport from the Bus Departures Area after being checked into your flight by BC Games personnel.

