

FINAL Artistic Swimming

Sport Venue **Walnut Grove Community Centre**
 Breakfast **Maple Ridge Secondary**
 Dinner **Golden Ears Winter Club**
 Accommodation **Maple Ridge Elementary**
 Showers **Sport Venue**
 Shuttle Route **D**



Scan QR code for online Bus & Meal and Sport Schedules

Updated: July 10, 2024

This Bus & Meal Schedule is your sport's itinerary for the duration of the BC Summer Games. It begins as of Thursday morning from your accommodation site. All transportation and meals will be in place to get participants to Maple Ridge, through accreditation, and checked into accommodation sites on Wednesday, July 17.

SHOWERS: Showers are located at the sport venue. Shower immediately following your competition so not to delay departure from venue. **DO NOT** keep gear in the change rooms.

PREP ROOM: A gel/prep room is available at the accommodation site in room 1010, as well as at the sport venue in the gymnasium.

Thursday July 18, 2024	Zones:	Shift One All	54
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Depart by bus to Maple Ridge Secondary for breakfast		9:12 AM	
Arrive at Maple Ridge Secondary		9:27 AM	
Breakfast		9:30 AM - 10:10 AM	
Depart by bus to Walnut Grove Community Centre		10:18 AM	
Arrive at Walnut Grove Community Centre		10:43 AM	
Athletes and Coaches Meeting at Walnut Grove Community Centre (in the gym)		11:00 AM - 11:30 AM	
Lunch at Walnut Grove Community Centre (54)		12:00 PM	
Warm-up and Spacing		12:30 PM - 3:30 PM	
Depart by bus to Maple Ridge Elementary		4:00 PM	
Arrive at Maple Ridge Elementary		4:29 PM	
Depart by bus to Golden Ears Winter Club for dinner and the Opening Ceremony		5:40 PM	
Arrive at Golden Ears Winter Club		5:57 PM	
Dinner		6:00 PM - 6:30 PM	

After your dinner at Golden Ears Winter Club (GEWC), walk to the Opening Ceremony Marshalling Area at Albion Fairgrounds, which is located across the parking lot from GEWC.

At the conclusion of the Opening Ceremony, you will be marshalled towards the shuttle buses for departures to your accommodation site. Shuttles are based on assigned Shuttle Route (see top of the Bus & Meal Schedule or your accreditation badge).



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Friday July 19, 2024	Zones:	Shift One
		All 54
Depart by bus to Maple Ridge Secondary for breakfast		6:12 AM
Arrive at Maple Ridge Secondary		6:27 AM
Breakfast		6:30 AM - 7:10 AM
Depart by bus to Walnut Grove Community Centre		7:18 AM
Arrive at Walnut Grove Community Centre		7:43 AM
Coaches Meeting		8:00 AM
Warm-up and Spacing		8:00 AM - 11:30 AM
Competition Begins		11:30 AM
Lunch at Walnut Grove Community Centre (71)		1:30 PM
Warm-up		2:45 PM
Competition Resumes		3:15 PM
Competition Ends		3:45 PM
Medal Presentations		3:45 PM - 4:15 PM
Depart by bus to Maple Ridge Elementary		4:45 PM
Arrive at Maple Ridge Elementary		5:14 PM
Depart by bus to Golden Ears Winter Club for dinner		6:40 PM
Arrive at Golden Ears Winter Club		6:57 PM
Dinner		7:00 PM - 7:40 PM
Depart by bus to Participant Special Event and Maple Ridge Elementary		7:43 PM

After leaving dinner, your bus will stop at the Participant Special Event and then continue on to your accommodation site. This will be the only opportunity to go to the Participant Special Event. Shuttles back to your accommodation will begin at 8:30 pm and will run every 15–20 minutes. The Participant Special Event concludes at 10:00 pm.



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Saturday July 20, 2024		Shift One
Zones:	All	54
Depart by bus to Maple Ridge Secondary for breakfast	6:57 AM	
Arrive at Maple Ridge Secondary	7:12 AM	
Breakfast	7:15 AM - 7:55 AM	
Depart by bus to Walnut Grove Community Centre	8:03 AM	
Arrive at Walnut Grove Community Centre	8:28 AM	
Parade of Athletes	9:00 AM	
Warm-up	9:30 AM	
Competition Begins	10:00 AM	
Zone Team Photos at Walnut Grove Community Centre	11:00 AM - 12:00 PM	
Competition Ends	1:00 PM	
Medal Presentations	1:00 PM - 1:30 PM	
Lunch at Walnut Grove Community Centre (71)	1:30 PM	
Development Session	2:00 PM - 3:30 PM	
Depart by bus to Maple Ridge Elementary	4:00 PM	
Arrive at Maple Ridge Elementary	4:29 PM	
Depart by bus to Golden Ears Winter Club for dinner	5:55 PM	
Arrive at Golden Ears Winter Club	6:12 PM	
Dinner	6:15 PM - 6:55 PM	
Depart by bus to Participant Special Event and Maple Ridge Elementary	6:58 PM	
After leaving dinner, your bus will stop at the Participant Special Event and then continue on to your accommodation site. This will be the only opportunity to go to the Participant Special Event. Shuttles back to your accommodation will begin at 8:30 pm and will run every 15–20 minutes. The Participant Special Event concludes at 10:00 pm.		
Pack your luggage before going to bed on Saturday night. There will be very little time to pack your luggage before departing your accommodation site on Sunday morning.		



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Sunday July 21, 2024 **Shift One**

Zones: All 54

Before leaving the accommodation site for breakfast, bring your luggage to the front entrance and load into the luggage truck assigned to your sport. You MUST load all luggage EXCEPT FOR competition and shower gear. You will not be returning to the accommodation site. If a luggage truck is not present, leave luggage inside the accommodation site near the front entrance. In that situation, volunteers will pick up your luggage later in the morning. The luggage truck will take your luggage to the Bus Departures Area and volunteers will place it in a designated area for your sport. You will be dropped off at this location after your competition.

Depart by bus with competition and shower gear to Maple Ridge Secondary for breakfast	6:57 AM
Arrive at Maple Ridge Secondary	7:12 AM
Breakfast	7:15 AM - 7:55 AM
Depart by bus to Walnut Grove Community Centre	8:03 AM
Arrive at Walnut Grove Community Centre	8:28 AM

Master Mentor Coach from Coach Mentorship Program present with sport in the morning for possible coach development enhancement opportunities.

Development Session	9:00 AM - 10:30 AM
Depart by bus to Golden Ears Winter Club for Closing Celebration and departures	11:00 AM
Arrive at Golden Ears Winter Club	11:32 AM
Lunch at Golden Ears Winter Club (54)	11:45 AM

Upon arrival at Golden Ears Winter Club (GEWC), collect your luggage from the designated storage area for your sport inside GEWC. Then take your luggage to the Bus Departures Area and drop it at the designated space for your method of travel home. If you are on a Games charter bus or flight, drop your luggage at the stall designated with your Bus # or Flight # as identified on your Games travel itinerary. If you are making your own way home from the Games, wait until your parent/guardian is on-site to pick you up before collecting your luggage from GEWC.

Once you have dropped your luggage in the designated area, you are welcome to walk to the Closing Celebration at Albion Fairgrounds for an opportunity to celebrate and say goodbye to your fellow participants. The Closing Celebration is an ongoing event that will feature 15 minutes of speeches at 1:15 pm. Not all sports will be on-site for the speeches. Please ensure you depart the Closing Celebration with enough time to catch your bus or flight departure, even if it means missing the speeches.

All Games travel home departs from the Bus Departures Area between 1:00 pm and 4:05 pm. Board the appropriate bus as identified either by the Bus # or Flight # that is noted on your Games travel itinerary. If you are on a bus home, your Games travel itinerary will show the scheduled departure time from the Bus Departures Area. If you are on flight, you will be bused directly to the airport from the Bus Departures Area after being checked into your flight by BC Games personnel.

