

BOX LACROSSE

Kelowna Memorial Arena 1424 Ellis St, Kelowna

Prospera Place 1223 Water St, Kelowna



We respectfully acknowledge the unceded territory of the sqilx'/syilk' (Okanagan) peoples, on whose land we live, work, and play.

Updated June 4, 2026

POOL A

Zone 1	Kootenays
Zone 2	Thompson-Okanagan
Zone 3	Fraser Valley
	Team Indigenous

POOL B

Zone 4	Fraser River
Zone 5	Vancouver-Coastal
Zone 6	Vancouver Island-Central Coast
Zone 8	Cariboo-North East

WEDNESDAY, JULY 22

Start	End	Event	Venue
9:30 PM	10:00 PM	Athletes and Coaches Meeting	Accommodation

THURSDAY, JULY 23

Start	End	Event	Team	Team	Venue
9:00 AM	10:30 AM	Practice	Thompson-Okanagan	Vancouver-Coastal	Kelowna Memorial
10:30 AM	12:00 PM	Practice	Cariboo-North East	Vancouver Island-Central Coast	Kelowna Memorial
12:00 PM	1:30 PM	Practice	Fraser Valley	Fraser River	Kelowna Memorial
1:30 PM	3:00 PM	Practice	Kootenays	Team Indigenous	Kelowna Memorial

FRIDAY, JULY 24

Start	End	Event	Home	Away	Venue
8:00 AM	9:00 AM	Warm-up			Kelowna Memorial
9:00 AM	11:00 AM	Game 1	Cariboo-North East	Fraser River	Kelowna Memorial
11:00 AM	1:00 PM	Game 2	Fraser Valley	Team Indigenous	Kelowna Memorial
1:30 PM	3:30 PM	Game 3	Vancouver-Coastal	Vancouver Island-Central Coast	Kelowna Memorial
3:30 PM	5:30 PM	Game 4	Kootenays	Thompson-Okanagan	Kelowna Memorial

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POOL A

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Zone 3	Fraser Valley
	Team Indigenous

POOL B

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Zone 5	Vancouver-Coastal
Zone 6	Vancouver Island-Central Coast
Zone 8	Cariboo-North East

SATURDAY, JULY 25

Start	End	Event	Home	Away	Venue
8:00 AM	9:00 AM	Warm-up			Kelowna Memorial & Prospera
9:00 AM	10:45 AM	Game 5	Vancouver Island-Central Coast	Cariboo-North East	Kelowna Memorial
9:00 AM	10:45 AM	Game 6	Fraser Valley	Kootenays	Prospera
10:45 AM	12:30 PM	Game 7	Vancouver-Coastal	Fraser River	Kelowna Memorial
10:45 AM	12:30 PM	Game 8	Thompson-Okanagan	Team Indigenous	Prospera
2:30 PM	4:15 PM	Game 9	Cariboo-North East	Vancouver-Coastal	Kelowna Memorial
2:30 PM	4:15 PM	Game 10	Fraser Valley	Thompson-Okanagan	Prospera
4:15 PM	6:00 PM	Game 11	Fraser River	Vancouver Island-Central Coast	Kelowna Memorial
4:15 PM	6:00 PM	Game 12	Team Indigenous	Kootenays	Prospera

SUNDAY, JULY 26

Start	End	Event	Home	Away	Venue
7:00 AM	8:00 AM	Warm-up			Kelowna Memorial & Prospera
8:00 AM	10:00 AM	Game 13 (7th Place)	4th POOL A vs. 4th POOL B		Kelowna Memorial
8:00 AM	10:00 AM	Game 14 (Bronze)	2nd POOL A vs. 2nd POOL B		Prospera
10:00 AM	12:00 PM	Game 15 (5th Place)	3rd POOL A vs. 3rd POOL B		Kelowna Memorial
10:00 AM	12:00 PM	Game 16 (Gold)	1st POOL A vs. 1st POOL B		Prospera
12:15 PM	12:45 PM	Medal Presentations			Prospera