

FINAL Triathlon

Sport Venue **Sarsons Beach Park (Okanagan Lake)**
Meals **Kelowna Curling Club**
Accommodation **KLO Middle**
Showers **Parkinson Recreation Centre**
Shuttle Route **E**



Scan QR code for online Bus &
Meal and Sport Schedules

Updated: July 16, 2026

This Bus & Meal Schedule is your sport's itinerary for the duration of the BC Summer Games. It begins as of Thursday morning from your accommodation site. All transportation and meals will be in place to get participants to Kelowna, through accreditation, and checked into accommodation sites on Wednesday, July 22.

SHOWERS: Showers are located at Parkinson Recreation Centre. A scheduled time is noted in this Bus & Meal Schedule each day where you will be bused to this facility and provided a window of time in which to shower. Please bring your shower gear with you each day. Please be mindful of your length of showers, as there is limited shower capacity available. Please be respectful of other patrons at this facility. Coaches should work together to ensure their zone teams are not all going into the showers at once.

BIKE STORAGE: Bikes will be taken to the accommodation site on Wednesday night from the Participant Accreditation Centre. Bikes can be built and stored in the gymnasium. Participants are expected to ride their bikes to get to and from the sport venue on all days except Sunday. After competition on Saturday, bikes need to be broken down for transport home on Sunday.

Thursday July 23, 2026

Shift One
Zones: All 59

Depart by bus to Kelowna Curling Club for breakfast	8:37 AM
Arrive at Kelowna Curling Club	8:57 AM
Breakfast and Lunch Pick-up	9:00 AM - 9:40 AM
Depart by bus to KLO Middle	9:43 AM
Arrive at KLO Middle	10:03 AM
Bike to sport venue at Sarsons Beach Park	10:55 AM
Arrive at Sarsons Beach Park	11:15 AM
Athletes and Coaches Meeting at Sarsons Beach Park	11:30 AM - 12:00 PM
Venue Familiarization	12:30 PM - 2:30 PM
Bike to accommodation site at KLO Middle	2:45 PM
Arrive at KLO Middle	3:05 PM
Depart by bus with shower gear to Parkinson Recreation Centre	3:30 PM
Arrive at Parkinson Recreation Centre	3:45 PM
Shower	3:45 PM - 4:25 PM
Depart by bus to KLO Middle	4:30 PM
Arrive at KLO Middle	4:45 PM
Depart by bus to Kelowna Curling Club for dinner and the Opening Ceremony	5:22 PM
Arrive at Kelowna Curling Club	5:42 PM
Dinner	5:45 PM - 6:15 PM

After your dinner at Kelowna Curling Club, walk to the Opening Ceremony Marshalling Area at Waterfront Park, which is located across the street from Prospera Place. Volunteers will guide you along the walk route.

At the conclusion of the Opening Ceremony, you will be marshalled towards the shuttle buses for departures to your accommodation site. Shuttles are based on assigned Shuttle Route (see top of the Bus & Meal Schedule or your accreditation badge).



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Friday July 24, 2026		Shift One
Zones:	All	59
Depart by bus to Kelowna Curling Club for breakfast	6:37 AM	
Arrive at Kelowna Curling Club	6:57 AM	
Breakfast and Lunch Pick-up	7:00 AM - 7:40 AM	
Depart by bus to KLO Middle	7:43 AM	
Arrive at KLO Middle	8:03 AM	
Bike to sport venue at Sarsons Beach Park	8:30 AM	
Arrive at Sarsons Beach Park	8:50 AM	
Warm-up	9:00 AM - 9:20 AM	
Competition Begins	9:30 AM	
Zone Team Photos at Sarsons Beach Park	11:15 AM - 12:00 PM	
Competition Ends	11:10 AM	
Medal Presentations	2:15 PM - 2:45 PM	
Bike to accommodation site at KLO Middle	3:00 PM	
Arrive at KLO Middle	3:20 PM	
Depart by bus with shower gear to Parkinson Recreation Centre	4:00 PM	
Arrive at Parkinson Recreation Centre	4:15 PM	
Shower	4:15 PM - 5:00 PM	
Depart by bus to Kelowna Curling Club for dinner	5:07 PM	
Arrive at Kelowna Curling Club	5:27 PM	
Dinner	5:30 PM - 6:00 PM	
Depart by bus to KLO Middle	6:03 PM	
Arrive at KLO Middle	6:23 PM	
Depart by bus to Participant Special Event	6:40 PM	
After leaving dinner, your bus will make a brief stop at your accommodation site to allow you to drop off any bags or equipment before continuing on to the Participant Special Event. This will be the only opportunity to go to the Participant Special Event. Shuttles back to your accommodation will begin at 7:00 pm and run every 15–30 minutes. The Participant Special Event ends at 9:30 pm.		



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Saturday July 25, 2026		Shift One	
	Zones:	All	59
Depart by bus to Kelowna Curling Club for breakfast		5:22 AM	
Arrive at Kelowna Curling Club		5:42 AM	
Breakfast and Lunch Pick-up		5:45 AM - 6:25 AM	
Depart by bus to KLO Middle		6:28 AM	
Arrive at KLO Middle		6:48 AM	
Bike to sport venue at Sarsons Beach Park		7:00 AM	
Arrive at Sarsons Beach Park		7:20 AM	
Warm-up		7:30 AM - 7:50 AM	
Competition Begins		8:00 AM	
Competition Ends		11:30 AM	
Medal Presentations		12:30 PM - 1:00 PM	
Bike to accommodation site at KLO Middle		1:15 PM	
Arrive at KLO Middle		1:35 PM	
Depart by bus with shower gear to Parkinson Recreation Centre		4:00 PM	
Arrive at Parkinson Recreation Centre		4:15 PM	
Shower		4:15 PM - 5:00 PM	
Depart by bus to Kelowna Curling Club for dinner		5:07 PM	
Arrive at Kelowna Curling Club		5:27 PM	
Dinner		5:30 PM - 6:00 PM	
Depart by bus to KLO Middle		6:03 PM	
Arrive at KLO Middle		6:23 PM	
Depart by bus to Participant Special Event		6:40 PM	

After leaving dinner, your bus will make a brief stop at your accommodation site to allow you to drop off any bags or equipment before continuing on to the Participant Special Event. This will be the only opportunity to go to the Participant Special Event. Shuttles back to your accommodation will begin at 7:00 pm and run every 15–30 minutes. The Participant Special Event ends at 9:30 pm.

Pack your luggage before going to bed on Saturday night. There will be very little time to pack your luggage before departing your accommodation site on Sunday morning.



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Sunday		Shift One	
July 26, 2026		Zones:	All 59
Before leaving the accommodation site for breakfast, bring your luggage to the front entrance and load into the luggage truck assigned to your sport. You MUST load all luggage EXCEPT FOR competition and shower gear. You will not be returning to the accommodation site. If a luggage truck is not present, leave luggage at the main entrance of the accommodation site. In that situation, volunteers will pick up your luggage later in the morning. The luggage truck will take your luggage to the Departures Area and volunteers will place it in a designated area for your sport. You will be dropped off at this location after your competition.			
Depart by bus with competition and shower gear to Kelowna Curling Club for breakfast		6:07 AM	
Arrive at Kelowna Curling Club		6:27 AM	
Breakfast and Lunch Pick-up		6:30 AM - 7:10 AM	
Depart by bus to Sarsons Beach Park		7:13 AM	
Arrive at Sarsons Beach Park		7:43 AM	
Warm-up		8:30 AM	
Competition Begins		9:00 AM	
Competition Ends		9:35 AM	
Medal Presentations		10:00 AM - 10:30 AM	
Depart by bus to Parkinson Recreation Centre		10:45 AM	
Arrive at Parkinson Recreation Centre		11:10 AM	
Shower		11:10 AM - 11:50 AM	
Depart by bus to Okanagan College for Departures Area and Closing Celebration		12:00 PM	
Arrive at Okanagan College		12:15 PM	
Upon arrival at the Departures Area at Okanagan College, take your luggage and drop it at the designated space for your method of travel home. If you are on a Games charter bus or flight, drop your luggage at the stall designated with your Bus # or Flight # as identified on your Games travel itinerary. If you are making your own way home from the Games, wait until your parent/guardian is on-site to pick you up before collecting your luggage from the Departures Area.			
Once you have dropped your luggage in the designated area, you are welcome to walk to the Closing Celebration at Kelowna Secondary grass fields for an opportunity to celebrate and say goodbye to your fellow participants. The Closing Celebration is an ongoing event that will feature 15 minutes of speeches at 1:15 pm. Not all sports will be on-site for the speeches. Please ensure you depart the Closing Celebration for the Departures Area with enough time to catch your bus or flight departure, even if it means missing the speeches.			
All Games travel home departs from the Departures Area between 12:40 pm and 4:15 pm. Board the appropriate bus as identified either by the Bus # or Flight # that is noted on your Games travel itinerary. If you are on a bus home, your Games travel itinerary will show the scheduled departure time from the Departures Area. If you are on flight, you will be bused directly to the airport from the Departures Area after being checked into your flight by BC Games personnel.			

Thank you for participating in the Kelowna 2026 BC Summer Games! Please thank your coaches and Games volunteers.

