

FINAL Artistic Swimming

Sport Venue 1 **H2O Adventure + Fitness Centre**

Sport Venue 2 **Kelowna Family YMCA**

Meals **Kelowna Curling Club**

Accommodation **Rutland Elementary**

Showers **Sport Venue**

Shuttle Route **A**

Updated: July 16, 2026



Scan QR code for online Bus &
Meal and Sport Schedules



This Bus & Meal Schedule is your sport's itinerary for the duration of the BC Summer Games. It begins as of Thursday morning from your accommodation site. All transportation and meals will be in place to get participants to Kelowna, through accreditation, and checked into accommodation sites on Wednesday, July 22.

SHOWERS: Showers are located at the sport venue. Shower immediately following your competition so not to delay departure from venue. Please bring your shower gear with you to the venue each day.

PREP ROOM: A gel/prep room is available at the accommodation site on the first floor (Lab).

**Thursday
July 23, 2026**

Zones:
Shift One
All 50

Depart by bus to Kelowna Curling Club for breakfast	6:15 AM
Arrive at Kelowna Curling Club	6:42 AM
Breakfast and Lunch Pick-up	6:45 AM - 7:25 AM
Depart by bus to H2O Adventure + Fitness Centre	7:28 AM
Arrive at H2O Adventure + Fitness Centre	7:53 AM
Athletes and Coaches Meeting at H2O Adventure + Fitness Centre	8:30 AM - 9:00 AM
Training Time	9:00 AM - 12:00 PM
Break	12:00 PM - 12:30 PM
Coaches Meeting and Swim Warm-up	12:30 PM - 12:45 PM
Warm-up	12:45 PM - 1:45 PM
Competition Begins	1:50 PM
Competition Ends	2:50 PM
Depart by bus to Rutland Elementary	3:30 PM
Arrive at Rutland Elementary	4:01 PM
Depart by bus to Kelowna Curling Club for dinner and the Opening Ceremony	4:45 PM
Arrive at Kelowna Curling Club	5:12 PM
Dinner	5:15 PM - 5:45 PM

After your dinner at Kelowna Curling Club, walk to the Opening Ceremony Marshalling Area at Waterfront Park, which is located across the street from Prospera Place. Volunteers will guide you along the walk route.

At the conclusion of the Opening Ceremony, you will be marshalled towards the shuttle buses for departures to your accommodation site. Shuttles are based on assigned Shuttle Route (see top of the Bus & Meal Schedule or your accreditation badge).



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Friday		Shift One	
July 24, 2026		Zones:	All 50
Depart by bus to Kelowna Curling Club for breakfast	5:45 AM		
Arrive at Kelowna Curling Club	6:12 AM		
Breakfast and Lunch Pick-up	6:15 AM - 6:55 AM		
Depart by bus to Kelowna Family YMCA	6:58 AM		
Arrive at Kelowna Family YMCA	7:25 AM		
Coaches Meeting and Swim Warm-up	7:30 AM - 7:45 AM		
Warm-up	7:45 AM - 8:05 AM		
Competition Begins	8:10 AM		
Competition Breaks	10:10 AM		
Depart by bus to H2O Adventure + Fitness Centre	10:45 AM		
Arrive at H2O Adventure + Fitness Centre	11:16 AM		
Zone Team Photos at H2O Adventure + Fitness Centre	11:30 AM - 12:30 PM		
Coaches Meeting and Swim Warm-up	1:00 PM - 1:15 PM		
Warm-up	1:15 PM - 2:15 PM		
Competition Resumes	2:15 PM		
Competition Ends	3:15 PM		
Medal Presentations	4:00 PM - 4:30 PM		
Depart by bus to Kelowna Curling Club for dinner	4:47 PM		
Arrive at Kelowna Curling Club	5:12 PM		
Dinner	5:15 PM - 5:45 PM		
Depart by bus to Rutland Elementary	5:48 PM		
Arrive at Rutland Elementary	6:15 PM		
Depart by bus to Participant Special Event	6:40 PM		
After leaving dinner, your bus will make a brief stop at your accommodation site to allow you to drop off any bags or equipment before continuing on to the Participant Special Event. This will be the only opportunity to go to the Participant Special Event. Shuttles back to your accommodation will begin at 7:00 pm and run every 15–30 minutes. The Participant Special Event ends at 9:30 pm.			



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Saturday		Shift One	
July 25, 2026		Zones:	All 50
Depart by bus to Kelowna Curling Club for breakfast	8:00 AM		
Arrive at Kelowna Curling Club	8:27 AM		
Breakfast and Lunch Pick-up	8:30 AM - 9:10 AM		
Depart by bus to Rutland Elementary	9:13 AM		
Arrive at Rutland Elementary	9:40 AM		
Depart by bus to H2O Adventure + Fitness Centre	11:15 AM		
Arrive at H2O Adventure + Fitness Centre	11:46 AM		
Coaches Meeting and Swim Warm-up	1:00 PM - 1:15 PM		
Warm-up	1:15 PM - 2:15 PM		
Competition Begins	2:15 PM		
Competition Ends	3:15 PM		
Medal Presentations	4:00 PM - 4:30 PM		
Depart by bus to Kelowna Curling Club for dinner	4:47 PM		
Arrive at Kelowna Curling Club	5:12 PM		
Dinner	5:15 PM - 5:45 PM		
Depart by bus to Rutland Elementary	5:48 PM		
Arrive at Rutland Elementary	6:15 PM		
Depart by bus to Participant Special Event	6:40 PM		

After leaving dinner, your bus will make a brief stop at your accommodation site to allow you to drop off any bags or equipment before continuing on to the Participant Special Event. This will be the only opportunity to go to the Participant Special Event. Shuttles back to your accommodation will begin at 7:00 pm and run every 15–30 minutes. The Participant Special Event ends at 9:30 pm.



We respectfully acknowledge the unceded territory of the sqilx"/syilx (Okanagan) peoples, on whose land we live, work, and play.

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Sunday		Shift One	
July 26, 2026		Zones:	All 50

Pack luggage before departing for breakfast. There will be very little time upon arrival back at the accommodation site to prepare for departure to the Closing Celebration. Any participant not competing or with early competition MUST shower before the final event ends so those competing in the final event have the opportunity to shower immediately following competition.

Depart by bus to Kelowna Curling Club for breakfast	7:45 AM
Arrive at Kelowna Curling Club	8:12 AM
Breakfast and Lunch Pick-up	8:15 AM - 8:55 AM
Depart by bus to Kelowna Family YMCA	8:58 AM
Arrive at Kelowna Family YMCA	9:25 AM
Development Session	10:00 AM - 11:30 AM
Walk to accommodation site at Rutland Elementary	12:00 PM
Arrive at Rutland Elementary	WALK

Depart by bus with ALL luggage to Okanagan College for Departures Area and Closing Celebration 12:40 PM

Arrive at Okanagan College **1:05 PM**

Upon arrival at the Departures Area at Okanagan College, take your luggage and drop it at the designated space for your method of travel home. If you are on a Games charter bus or flight, drop your luggage at the stall designated with your Bus # or Flight # as identified on your Games travel itinerary. If you are making your own way home from the Games, wait until your parent/guardian is on-site to pick you up before collecting your luggage from the Departures Area.

Once you have dropped your luggage in the designated area, you are welcome to walk to the Closing Celebration at Kelowna Secondary grass fields for an opportunity to celebrate and say goodbye to your fellow participants. The Closing Celebration is an ongoing event that will feature 15 minutes of speeches at 1:15 pm. Not all sports will be on-site for the speeches. Please ensure you depart the Closing Celebration for the Departures Area with enough time to catch your bus or flight departure, even if it means missing the speeches.

All Games travel home departs from the Departures Area between 12:40 pm and 4:15 pm. Board the appropriate bus as identified either by the Bus # or Flight # that is noted on your Games travel itinerary. If you are on a bus home, your Games travel itinerary will show the scheduled departure time from the Departures Area. If you are on flight, you will be bused directly to the airport from the Departures Area after being checked into your flight by BC Games personnel.

Thank you for participating in the Kelowna 2026 BC Summer Games! Please thank your coaches and Games volunteers.

