

# Speed Skating

includes Special Olympics

Venue: Castlegar & District Recreation Centre



**Thursday, February 26, 2026**

Start	End	Event
10:00	14:45	Rotating practice sessions
10:00	14:45	Rotating athlete and coaches meeting for those groups not on ice
14:00	14:30	Officials Walk Through
14:30	15:15	Coach & Officials Meeting

**Friday, February 27, 2026**

Start	Divison	Distance	Number of Races
9:00	Female	400m Heat	4 Heats
	Male	400m Heat	5 Heats
	Special Olympics Females	500m (111m) Heat	1 Heat
	Special Olympics Males	500m (111m) Heat	2 Heats
9:45		<b>Ice Resurfacing</b>	
10:05 re-start	Female	400m Semi	4 Heats
	Male	400m Semi	5 Heats
	Special Olympics Females	500m (111m) Final	1 Heat
	Special Olympics Males	500m (111m) Final	2 Heats
10:50		<b>Ice Resurfacing</b>	
11:10	Female	400m Final	4 Heats
	Male	400m Final	5 Heats
	Special Olympics Females	222 m (111m) SF	1 Heat
	Special Olympics Males	222 m (111m) SF	2 Heats
11:55		<b>Lunch and Ice Resurfacing</b>	
12:35 re-start	Female	1200m Heat	3 Heats
	Male	1200m Heat	4 Heats
	Special Olympics Females	777m (111m) Heat	1 Heat
	Special Olympics Males	777m (111m) Heat	1 Heat
13:15		<b>Ice Resurfacing</b>	

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13:35 re-start	Female	1500m Final	3 Heats
	Male	1500m Final	4 Heats
	Special Olympics Females	777m (111m) Final	1 Heat
	Special Olympics Males	777m (111m) Final	1 Heat
14:15			<b>Ice Resurfacing</b>
14:35 re-start	18 lap mixed gender relay (Zone teams)		2 Heats
<b>15:00</b>	<b>15:30</b>	<b>Medals</b>	
<b>Saturday, February 28, 2026</b>			
Start	Divison	Distance	Number of Races
9:00	Female	800m Heat	3 heats
10:45	Male	800m Heat	4 heats
	Special Olympics Females	333m (111m) Heat	1 heat
11:00	Special Olympics Males	333m (111m) Heat	2 heats
9:35			<b>Ice Resurfacing</b>
9:55 re-start	Female	800m Final	3 heats
	Male	800m Final	4 heats
	Special Olympics Females	333m (111m) Final	1 heat
	Special Olympics Males	333m (111m) Final	2 heats
10:40			<b>Lunch and Ice Resurfacing</b>
11:50 re-start	Female	1000m SF	3 Heats
	Male	1000m SF	4 Heats
	Special Olympics Females	1000m (111m) SF	1 Heat
	Special Olympics Males	1000m (111m) SF	1 Heat
12:30			<b>Ice Resurfacing</b>
13:00 re-start	2000m gender-specific relay (mixed Zone)		2 heats
13:30	Zone Team Photos and Officials		
<b>14:00</b>	<b>14:30</b>	<b>Medals</b>	



As guests on these lands, we acknowledge and respect that we live, work and play on the traditional, ancestral and unceded territory of many Indigenous people.