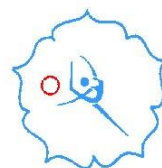


Rhythmic Gymnastics



Venue: Glenmerry Elementary

Thursday, February 26, 2026

Start	End	Event
9:00	11:00	Gym Set Up and Volunteers meeting
10:15	10:30	Athlete and Coaches Meeting
10:30	14:00	Podium training

Friday, February 27, 2026

Start	End	Event
9:00		Gym open for Provincial Development and Provincial Stream
10:20	10:30	Judges meeting at the gym
10:15	10:30	Timed warm-up - Provincial Development Choice
10:30	11:30	Rotation 1 - Provincial Development Choice
11:40	11:50	Timed warm-up - Provincial Stream Free and Ball
11:50	12:50	Rotation 2 - Provincial Stream Free and Ball
12:50	13:20	Lunch Break
13:30	13:40	Timed warm-up - Western Stream Free
13:40	14:15	Rotation 3 - Western Stream Free
14:15	14:25	Timed warm-up - Novice Free
14:25	14:55	Rotation 4 - Novice Free
14:55	15:15	Time warm-up - Groups
15:20	15:40	Rotation 5 - Groups

Saturday, February 28, 2026

Start	End	Event
9:00		Gym open
10:10	10:25	Judges meeting at the gym
10:15	10:25	Timed warm-up - Provincial Development Free
10:25	11:15	Rotation 1 - Provincial Development Free
11:15	11:25	Timed warm-up - Provincial Stream Choice
11:25	12:00	Rotation 2 - Provincial Stream Choice
12:00	12:30	Zone team and Officials photos and Lunch Break
12:30	12:40	Timed warm-up - Western Stream Ball and Choice
12:40	13:30	Rotation 3 - Western Stream Ball and Choice
13:30	13:40	Timed warm-up - Novice Ball and Choice
13:40	14:30	Rotation 4 - Novice Ball and Choice
14:30	15:00	Groups warm-up
15:00	15:30	Rotation 5 - Groups
15:40	16:20	Medal Presentations



As guests on these lands, we acknowledge and respect that we live, work and play on the traditional, ancestral and unceded territory of many Indigenous people.