

FINAL - Feb 9

Rhythmic Gymnastics

Sport Venue **Glenmerry Elementary**  
 Breakfast and Dinner **Trail Memorial Centre**  
 Accommodation **Glenmerry Elementary**  
 Showers **Trail Aquatic Centre**  
 Shuttle Route **E**

# Bus & Meal Schedule



*As guests on these lands, we acknowledge and respect that we live, work and play on the traditional, ancestral and unceded territory of many Indigenous people.*

The Bus & Meal Schedule is the Games itinerary by Sport. It starts as of Thursday morning from accommodation sites. All Participants will arrive Wednesday evening and go through Participant Accreditation and a Wednesday Dinner service. Separate itinerary will be provided for external travel to/from the Games. Showers and brief swim each day at Trail Aquatic Centre during scheduled times only - pack accordingly. Put name-sport-zone on swim bag.

Thursday February 26, 2026		Zones:	All	56
Depart by bus from Glenmerry Elementary to Trail Memorial Centre for breakfast			8:58	
Arrive at Trail Memorial Centre			9:15	
Breakfast and pick-up your Grab & Go lunch using Game - issued lunch bag.			9:15	- 9:45
Depart by bus from Trail Memorial Centre to Glenmerry Elementary			9:45	
Arrive at Glenmerry Elementary			10:02	
Athlete and coach meeting			10:15	- 10:30
Podium Training			10:30	- 14:00
Depart by bus from Glenmerry Elementary to Trail Aquatics Centre			14:36	
Arrive at Trail Aquatics Centre			14:50	
Scheduled hydro recovery/pool/shower time (including change time)			14:50	- 15:30
Depart by bus from Trail Aquatics Centre to Glenmerry Elementary			15:30	
Arrive at Glenmerry Elementary			15:44	
Prepare for Opening Ceremony - dress in zone colours, no coat check services available.				
Depart by bus from Glenmerry Elementary to Trail Memorial Centre			17:38	
Arrive at Trail Memorial Centre			17:55	
Dinner			17:55	- 18:25
After dinner, proceed to designated marshalling areas: Zone 1,3,5,7 to Kids Arena, Officials and Zone 2 to Lower Main Hallway, Zone 4,6,8 to bleachers in dining hall. Report to respective zone marshalling area no			18:25	
At the conclusion of the Opening Ceremony, there is a 5 minute walk to the buses. Volunteers will direct you to the buses. Check your Accreditation Badge for your "Assigned Bus Route Letter". Board your respective "Bus Route" to return to your accommodation sites.				
Friday February 27, 2026		Zones:	All	56
Depart by bus from Glenmerry Elementary to Trail Memorial Centre for breakfast			7:33	
Arrive at Trail Memorial Centre			7:50	
Breakfast and pick-up your Grab & Go lunch using Game - issued lunch bag.			7:50	- 8:20
Depart by bus from Trail Memorial Centre to Glenmerry Elementary			8:20	
Arrive at Glenmerry Elementary			8:37	
Warm-up and competition			9:00	- 15:40
Depart by bus from Glenmerry Elementary to Trail Aquatics Centre for those available			15:46	
Arrive at Trail Aquatics Centre			16:00	
Scheduled hydro recovery/pool/shower time (including change time)			16:00	- 16:40
Depart by bus from Trail Aquatics Centre to Trail Memorial Centre			16:40	
Arrive at Trail Memorial Centre			16:53	
Dinner			17:03	- 17:33
After dinner, choose to board original bus back to accommodation site, or stay and enjoy Participant Special Event activities at Trail Memorial Centre: 18:00-21:30. (One coach please inform your bus driver)			17:33	
Those who stay at Participant Special Event, return to accommodation site when ready, by any available "Bus Route" letter shuttle bus				

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Saturday February 28, 2026		Zones:	All	56
	Depart by bus from Glenmerry Elementary to Trail Memorial Centre for breakfast		7:33	
	Arrive at Trail Memorial Centre		7:50	
	Breakfast and pick-up your Grab & Go lunch using Game - issued lunch bag.		7:50	- 8:20
	Depart by bus from Trail Memorial Centre to Glenmerry Elementary		8:20	
	Arrive at Glenmerry Elementary		8:37	
	Warm-up and competition		9:00	- 15:03
	Zone Team and Officials Photo		12:00	12:30
	Medal Presentations		15:40	- 16:20
	Depart by bus from Glenmerry Elementary to Trail Aquatics Centre		16:36	
	Arrive at Trail Aquatics Centre		16:50	
	Scheduled hydro recovery/pool/shower time (including change time)		16:50	- 17:30
	Depart by bus from Trail Aquatics Centre to Trail Memorial Centre		17:30	
	Arrive at Trail Memorial Centre		17:43	
	Store swim bag in designated change rooms at arena.		17:46	
	Dinner		17:46	- 18:16
	After dinner, walk/roll (7-12 mins) to Charles Bailey Theatre for interactive game-show theatre night OR Return to accommodations site by any available "Route" letter shuttle bus. Transportation is available to Charles Bailey Theatre if needed.		18:16	
	Arrive for Charles Bailey Theatre - Show #1 18:30 - 19:30		18:28	
	Store swim bags in designated room at theatre			
	Exit theatre only when announced. Walk/roll (2 mins) to the buses. Board your respective "Bus Route" to return to your accommodation site.			
Sunday March 1, 2026		Zones:	All	56
<b>Prep for Departure</b>	Prepare for accommodation check out. Pack your bags, leave your accommodations the way you found it, stack foamies in foyer, and thank your volunteers! Check again, for items left behind.			
<b>All Zones</b>	Luggage Loading will begin 10 mins before departure			
<b>Departure From Accommodations:</b>				
<b>Zone 1 - Route Bus E</b>	Depart by bus from Glenmerry Elementary to Trail Memorial Centre for breakfast		8:54	
<b>Zone 2 - Bus 4</b>	Depart by bus from Glenmerry Elementary to Trail Memorial Centre for breakfast		8:32	
<b>Zone 3/4/5 - Bus 11</b>	Depart by bus from Glenmerry Elementary to Trail Memorial Centre for breakfast		7:03	
<b>Zone 6(Bus 23) - Route Bus E</b>	Depart by bus from Glenmerry Elementary to Trail Memorial Centre for breakfast		6:50	
<b>Zone 6(Bus 26) - Route Bus E</b>	Depart by bus from Glenmerry Elementary to Trail Memorial Centre for breakfast		6:10	
<b>Zone 8 - Bus 4</b>	Depart by bus from Glenmerry Elementary to Trail Memorial Centre for breakfast		8:32	
<b>Breakfast Info</b>	Breakfast will be served at Trail Memorial Centre and will include a brief Closing Celebration. After Breakfast, pick up your Grab and Go lunch and proceed to the Departures Area to board your bus to go home.			
<b>Games Departure Time:</b>	Refer to your Personal Travel Itinerary for Departure Times from Trail Memorial Centre. Note: Trail Memorial Centre will serve as the Breakfast Venue, Departures Area and Luggage Holding Area.			
<b>Luggage Instructions Route Buses</b>	Participants transporting to Breakfast on Route Bus will load luggage onto luggage trucks at their accommodations for transport to the Departures Area. Participants will unload luggage trucks and place in luggage holding area. After Breakfast, participants will retrieve luggage from luggage holding area to load onto their Zone bus, and board Zone bus for travel home.			
<b>Luggage Instructions Zone Buses</b>	Participants transporting to Breakfast on Zone Bus will load luggage onto their respective Zone Bus. Luggage will remain on the bus during Breakfast. After Breakfast, board the same Zone Bus for transport home.			
<b>Immediate Vicinity or Own Travel</b>	Immediate Vicinity and Own Travel Participants Pick Up: You have the option to pick-up athlete and luggage at the Accommodation site, or at the Departures Area (Trail Memorial Arena). Athlete must be picked up prior to coach departing from Games.			
<b>Games conclude ~ make sure you thank your Coaches!</b>				