

Karate

Venue: Stanley Humphries Secondary

[Karate BC Draws and Results Link](#)



Thursday, February 26, 2026

Start	End	Event
10:00	10:30	Athlete and Coach Meeting
10:00	16:30	Referee Clinic
10:30	12:30	Athlete Height Verification
10:30	15:30	Rotating Zone Team Training
13:00	14:00	Zone Team and Referee Photos
15:30	16:30	Coach/Technical Meeting

Friday, February 27, 2026

Start	End	Event
8:30	9:00	Athlete Warm-up
9:00	15:00	Individual Kata, Team Kata, and Individual Kumite - Elimination Rounds
15:00	17:00	Bronze and Gold Medal Matches - Day 1
17:00	18:00	Medal Presentation - Day 1

Saturday, February 28, 2026

Start	End	Event
8:30	9:00	Athlete Warm-up
9:00	15:00	Individual Kata, Individual Kumite, and Team Kumite - Elimination Rounds
15:00	17:00	Bronze and Gold Medal Matches - Day 2
17:00	18:00	Medal Presentation - Day 2



As guests on these lands, we acknowledge and respect that we live, work and play on the traditional, ancestral and unceded territory of many Indigenous people.