

FINAL - Feb 9

Karate

Sport Venues **Stanley Humphries Secondary**
 Breakfast **Stanley Humphries - Cafeteria**
 Dinner **Trail Memorial Centre**
 Accommodation **Stanley Humphries Secondary**
 Showers **Accommodation site**
 Shuttle Route **A**

Bus & Meal Schedule



As guests on these lands, we acknowledge and respect that we live, work and play on the traditional, ancestral and unceded territory of many Indigenous people.

The Bus & Meal Schedule is the Games itinerary by Sport. It starts as of Thursday morning from accommodation sites. All Participants will arrive Wednesday evening and go through Participant Accreditation and a Wednesday Dinner service. Separate itinerary will be provided for external travel to/from the Games.

Showers are located in Stanley Humphries gym. Karate participants are instructed to shower during the day to free up capacity for other sports - thank you.

Thursday

February 26, 2026

	Zones:	All	118
Walk to Stanley Humphries - Cafeteria for breakfast		8:00	
Breakfast and pack your own Grab and Go lunch		8:00 - 8:30	
Walk to Stanley Humphries gym		8:30	
Athletes and Coaches Meeting		10:00 - 10:30	
Officials Clinic		10:00 - 16:00	
Athlete height check		10:30 - 12:30	
Rotating zone team training		10:30 - 15:30	
Zone Team and Officials Photos		13:00 - 14:00	
Coach Meeting		15:30 - 16:30	
Prepare for Opening Ceremony - dress in zone colours, no coat check services available.			
Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for dinner		16:51	
Arrive at Trail Memorial Centre		17:30	
Dinner		17:30 - 18:00	
After dinner, proceed to designated marshalling areas: Zone 1,3,5,7 to Kids Arena, Officials and Zone 2 to Lower Main Hallway, Zone 4,6,8 to bleachers in dining hall. Report to respective zone marshalling area no later than 18:45.			
At the conclusion of the Opening Ceremony, there is a 5 minute walk to the buses. Volunteers will direct you to the buses. Check your Accreditation Badge for your "Assigned Bus Route Letter". Board your respective "Bus Route" to return to your accommodation sites.			

Friday

February 27, 2026

	Zones:	All	118
Walk to Stanley Humphries - Cafeteria for breakfast		8:00	
Breakfast and pack your own Grab and Go lunch		8:00 - 8:30	
Walk to Stanley Humphries gym		8:30	
Warm-up and competition		8:30 - 17:00	
Medal Presentations		17:00 - 18:00	
Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for dinner		18:21	
Arrive at Trail Memorial Centre		19:00	
Dinner		19:00 - 19:30	
After dinner, choose to board original bus back to accommodation site, or stay and enjoy Participant Special Event activities at Trail Memorial Centre: 18:00-21:30. (One coach please inform your bus driver)		19:30	
Those who stay at Participant Special Event, return to accommodation site when ready, by any available "Bus Route" letter shuttle bus			

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Saturday		Zones:	All	118
February 28, 2026				
	Walk to Stanley Humphries - Cafeteria for breakfast		8:00	
	Breakfast and pack your own Grab and Go lunch		8:00	- 8:30
	Walk to Stanley Humphries gym		8:30	
	Warm-up and competition		8:30	- 17:00
	Medal Presentations		17:00	- 18:00
	Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for dinner		18:21	
	Arrive at Trail Memorial Centre		19:00	
	Dinner		19:00	- 19:30
	After dinner, walk/roll (7-12 mins) to Charles Bailey Theatre for interactive game-show theatre night OR Return to accommodations site by any available "Route" letter shuttle bus. Transportation is available to Charles Bailey Theatre if needed.		19:30	
	Arrive for Charles Bailey Theatre - Show #2 20:15 - 21:15		19:42	
	Exit theatre only when announced. Walk/roll (2 mins) to the buses. Board your respective "Bus Route" to return to your accommodation site.			
Sunday		Zones:	All	118
March 1, 2026				
Prep for Departure	Prepare for accommodation check out. Pack your bags, leave your accommodations the way you found it, stack foamies in foyer, and thank your volunteers! Check again, for items left behind.			
All Zones	Luggage Loading will begin 10 mins before departure			
Departure From Accommodations:				
Zone 1 - Route Bus A	Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for breakfast		9:00	
Zone 2 - Bus 7	Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for breakfast		8:26	
Zone 3/4/5 - Bus 17	Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for breakfast		7:56	
Zone 3/4/5 - Bus 20	Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for breakfast		7:56	
Zone 6 (Bus 23) - Route Bus A	Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for breakfast		6:50	
Zone 6 (Bus 26) - Route Bus A	Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for breakfast		6:00	
Zone 7 - Route Bus A	Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for breakfast		6:00	
Zone 8 (PG) - Route Bus A	Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for breakfast		9:00	
Zone 8 (FSJ) - Route Bus A	Depart by bus from Stanley Humphries Secondary to Trail Memorial Centre for breakfast		6:00	
Breakfast Info	Breakfast will be served at Trail Memorial Centre and will include a brief Closing Celebration. After Breakfast, pick up your Grab and Go lunch and proceed to the Departures Area to board your bus to go home.			
Games Departure Time:	Refer to your Personal Travel Itinerary for Departure Times from Trail Memorial Centre. Note: Trail Memorial Centre will serve as the Breakfast Venue, Departures Area and Luggage Holding Area.			
Luggage Instructions Route Buses	Participants transporting to Breakfast on Route Bus will load luggage onto luggage trucks at their accommodations for transport to the Departures Area. Participants will unload luggage trucks and place in luggage holding area. After Breakfast, participants will retrieve luggage from luggage holding area to load onto their Zone bus, and board Zone bus for travel home.			
Luggage Instructions Zone Buses	Participants transporting to Breakfast on Zone Bus will load luggage onto their respective Zone Bus. Luggage will remain on the bus during Breakfast. After Breakfast, board the same Zone Bus for transport home.			
Immediate Vicinity or Own Travel	Immediate Vicinity and Own Travel Participants Pick Up: You have the option to pick-up athlete and luggage at the Accommodation site, or at the Departures Area (Trail Memorial Arena). Athlete must be picked up prior to coach departing from Games.			
Games conclude ~ make sure you thank your Coaches!				