

GUIDE to the GAMES

GREATER VERNON 2022
BC WINTER GAMES
March 23-26, 2023


BC GAMES
GREATER VERNON
2022 WINTER
MARCH 23-26, 2023



We respectfully acknowledge the traditional and unceded territory of the sqilx^w/syilx (Okanagan) peoples.

SYILX

AND THE OKANAGAN PEOPLE

Since time immemorial (a long, long time ago) the Syilx people have maintained a balanced relationship with the land. The Syilx people were divided into “Indian Bands” by the Canadian government. The communities (Bands) include the Okanagan Indian Band, Upper Nicola Band, Westbank First Nation, Penticton Indian Band, Osoyoos Indian Band, Lower and Upper Similkameen Indian Bands, and the Colville Confederated Tribes. The people remain united as a Nation, travelling the breadth and depth of our territory; hunting, fishing, growing, harvesting, and sharing our culture.

Host Community: Okanagan* Indian Band (OKIB)
nk'mapłqs – Head of the Lake

Located at the head of Okanagan Lake is the OKIB main reserve. Members of the Okanagan Indian Band live in various historical villages up along Okanagan Lake, Round Lake, Swan Lake, Duck Lake, Wood Lake, and Kalamalka Lake. These historical settlements are still highly valued and are occupied by current generations. The total membership of the OKIB is 2,113 people.

The binding that brings together Syilx People is the language itself. Nsyilxcn or nqilx^wcn is a part of the larger Salishan family group. Nysilxcn is the language of the Syilx People and nqilx^wcn is Indigenous language.

The Syilx have never surrendered title.

** Okanagan is an anglicized version of the term 'suqnaqinx' which refers to the tops of the mountains/hillsides.*



SPORT PICTOGRAMS

15 authentic sport pictograms have been created representing each sport in the 2022 BC Winter Games. Artist David Wilson Sookinakin is a Syilx Okanagan Nation artist and a member of the Okanagan Indian Band near Vernon. The pictograms are created from the evolution of Wilson's Interior Salish ancestry using linear artform and symbolism while carrying the unique spirit of each sport in the Games.

Look for these pictograms throughout the Games and engage in the conversation of Indigenous recognition through sport, community, and cultural events.



The 2022 BC Winter Games will occur on the Syilx Okanagan territory and the Games recognize the importance of acknowledging the land and its peoples.

Guide to the Games

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CULTURE OF THE GAMES

THE BASIC PRINCIPLES OF THE CULTURE OF THE GAMES ARE FOUNDED IN THE BC GAMES CODE OF CONDUCT ([LINK](#)).

EVERYONE ASSOCIATED WITH THE GAMES:

- Has the right to participate in an environment that is supportive, positive, respectful, accessible, and that contributes to exceptional experiences.
- Has the responsibility to contribute in a positive way to the experiences of everyone involved in the Games.

All athletes, coaches, and officials at the BC Games are expected to conduct themselves in the spirit of fair play and in a responsible manner. This conduct is expected from the time you board BC Games transportation until you return home. See the BC Games Code of Conduct ([LINK](#)) for more information.

EVERYONE HAS A ROLE TO PLAY! WE MUST ALL:

- Check our own actions and words,
- Speak up for ourselves and others,
- Tell someone if we see something.

SEE SOMETHING? SAY SOMETHING.

If you experience or witness something that makes you feel unsafe, report to:

- Your coach (athletes);
- Your Provincial Sport Organization representative at the Games (athletes, coaches, officials);

OR call 250-387-1121 (8 a.m. - 11 p.m.)

CULTURE OF THE GAMES COURSE

Every participant is required to complete the Culture of the Games Course prior to attending the Games. Access the course through the BC GAMES PARTICIPANT WEBSITE. You are encouraged to review the Code of Conduct and other information noted on this page prior to completing the Culture of the Games Course.



MORE INFORMATION on bcgames.org

- Culture of the Games ([LINK](#))
- BC Games Code of Conduct ([CONDUCT](#))
- Expectations of Participants ([PARTICIPANTS](#))

Complete the Culture of the Games Course through the BC GAMES PARTICIPANT



SHOW your ZONE COLOURS!

Just as if you were representing Canada at the Olympics, Special Olympics, or Paralympics you will be representing your Zone at the BC Winter Games! Come prepared to show your **ZONE TEAM PRIDE!**

KOOTENAYS YELLOW	THOMPSON OKANAGAN RED	FRASER VALLEY LIGHT BLUE	FRASER RIVER ORANGE	VANCOUVER COASTAL DARK GREEN	VANCOUVER ISLAND CENTRAL COAST LIGHT GREEN	NORTH WEST PURPLE	CARIBOO NORTH EAST DARK BLUE
ZONE 1	ZONE 2	ZONE 3	ZONE 4	ZONE 5	ZONE 6	ZONE 7	ZONE 8

ABOUT GREATER VERNON

Vernon is the hub of the North Okanagan and has a population of over 44,000 people. Vernon is surrounded by several small communities including Coldstream, Armstrong, Spallumcheen, Enderby, and Lumby. These communities, along with several unincorporated areas, make up the Regional District of North Okanagan, which has a population of over 360,000 people. The area is known for its long warm summers and mild winter climate.

Visitors and locals alike love how small-city charm comes together with world class amenities and signature Okanagan experiences in this thriving community. Vernon's winter story is one of champagne powder, unforgettable vistas, warm and welcoming spaces, active living, and vibrant culture and history. Vernon is often coined as the "Trails Capital of BC" with so many amazing trails in the surrounding areas. The trail network is truly multi-seasonal. Between Sovereign Lake, Silver Star, and Predator Ridge, the area also boasts many options for alpine skiing, cross-country, and snowshoeing. Some multi-use paths are cleared in winter, and many trails can be used in winter conditions with appropriate footwear.

Vernon's history begins with the Interior Salish First Nation. The Okanagan Rail Trail is a great opportunity take a walk and learn about the Syilx (Okanagan) people and their traditional territory.

Tourism Vernon welcomes all BC Games participants, family, and friends to our community and invites you to #ExploreVernon.

FRIENDS & FAMILY

HOW TO GET HERE

Vernon is in the Okanagan region of the Southern Interior of British Columbia. Vernon, as part of the North Okanagan Valley, can be accessed by car, bus, or air via Kelowna International Airport. The community is surrounded by three lakes: Okanagan, Kalamalka, and Swan. The community is located approximately 4 1/2 hours by car from Vancouver and the Pacific Ocean, and 3 hours north of the US border at Washington State.

WHERE TO STAY

Vernon boasts a variety of quality hotels and world-class resorts. During the Games, accommodation may be limited due to high demand. It is advised to reserve early.

The Games Host Hotel is Vernon's Best Western Premiere.

Check out the Spectators page on the BC Games website for special accommodation offers through Games partners.

For more information about Vernon, such as how to get there or where to stay, visit TourismVernon.com

1-800-665-0795 / tourism@vernon.com



THINGS TO DO

SilverStar Mountain Resort and Sovereign Lake Nordic Centre offer fantastic skiing and outdoor snow-sport amenities. Families love skating on Brewer's Pond and tubing down the mountain at SilverStar Mountain Resort. Vernon is also home to some of BC's best trail systems, many of which are snow-shoe friendly. To warm up, you'll want to check out Downtown Vernon's cozy coffee shops, delicious local restaurants, and charming retail shops. Vernon also boasts a thriving arts & culture scene, ready to entertain and inspire visitors. There's far more to do in Vernon than what a small paragraph can encompass!



CHECKLISTS

GAMES PREP

- ☐ Read this Guide to the Games
- ☐ Access the BC GAMES PARTICIPANT WEBSITE using the login information sent to you by mail to complete the following mandatory Games submissions:
 - Complete the **MEDICAL/ALLERGY FORM** by March 15 at 4:00 pm.
 - Complete the **CULTURE OF THE GAMES COURSE** by March 15.
 - Print your **TRAVEL ITINERARY** details for your journey to and from the Games.
 - Share your story by completing the **PARTICIPANT BIOGRAPHY**.
- ☐ Visit **BCGAMES.ORG** and follow us on social media!

WHAT TO PACK?

- ☐ Printed travel itinerary
- ☐ Face mask (suggested)
- ☐ Emergency Contact number
- ☐ Sleeping bag and pillow
- ☐ Personal items (towel, soap, toothbrush, bathing suit, etc.).
- ☐ Winter/cold weather clothing
- ☐ Water bottle
- ☐ Snacks for potentially long travel to the Games or in-between meals at the Games.
- ☐ Money for extra snacks during travel and at the Games, as well as for souvenirs
- ☐ Make sure to clearly identify all your personal belongings!



BC Games-issued luggage tags will be sent to you by mail. You are allowed **ONE** checked bag (max 30lbs) plus your sleeping bag and pillow (packed together), and a carry-on (backpack). Some sports are permitted one additional bag for sport-specific equipment. Pack your carry-on accordingly as you will not have access to your checked baggage until you reach your accommodation site. Be sure **ALL** bags are labelled with your **NAME, ZONE, SPORT, and HOMETOWN**.

CONTACTS

Have questions? See the FAQ'S page at bcgames.org.

Need more info? Please contact your head coach or zone representative first (contact info found on sport specific pages at bcgames.org).

BC GAMES SOCIETY
250-387-1375"

participantreg@bcgames.org

AT THE GAMES:
GAMES INFORMATION CENTRE
236-600-9547
info@bcwintergames.ca

LOST ITEMS?
Check lost & found at the
Games Information Centre.
236-600-9547

MEDICAL

All participants are expected to complete the Medical/Food Allergy Form prior to arriving at the Games. The access to this form is part of the BC GAMES PARTICIPANT WEBSITE. This form must be submitted by March 15 at 4:00 pm; it cannot be completed at the Games.

Participants are encouraged to complete daily self-health checks. If any participant feels ill, they should notify their coach, who is to contact the Medical Clinic.



MEDICAL SERVICES

BC Winter Games medical volunteers are responsible for the treatment of all Games participants. A dedicated and caring team of first responders and health care professionals will have an active presence at the Games to address the needs of athletes, coaches, and officials.

MEDICAL SERVICES INCLUDE:

- On-site medical volunteers at all sport venues during practice and competition times.
- Access to physicians, physiotherapists, and athletic therapists at the BC Winter Games Medical Clinic.
- On-call dental emergency services.

• **FOUNDRY.**
WHERE WELLNESS TAKES SHAPE

The wellbeing of all participants is important to the BC Games Society.

Check out Foundry BC's many health and wellness resources at foundrybc.ca.

The Medical Clinic will be open during all officially scheduled training and competition times. Athletes and coaches are expected to call ahead to make arrangements prior to visiting the Medical Clinic. If an athlete is being transferred from a sport venue to the medical clinic, the onsite medical venue personnel is tasked with calling the Medical Clinic before sending the participant.

There will be a physician available by telephone for after-hours (non-official training/competition times) medical concerns.

MEDICAL CLINIC

c/o Greater Vernon Recreation Complex
(next to main dining venue)

3310 37 Avenue
Vernon, BC V1T 275

medical@bcwintergames.ca

HEALTH PROTOCOLS

As the Greater Vernon 2022 BC Winter Games will bring together people from every region of the province, appropriate precautions have been put into place to help minimize health risks. Robust safety measures to ensure the safety of all participants have been developed and implemented in consultation with provincial and local public health officials and in partnership with the host society and venue owners.



Personal Health Toolkit

[Source: BCCDC Your Personal Tool Kit](#)

There are many tools that can help protect you and your teammates from COVID-19 and other communicable diseases.

It is up to each participant to make use of these tools to ensure we keep one another safe while at the Games.



COVID-19 vaccines – Staying up to date with your vaccines, including booster doses, will give you the best protection against serious illness from COVID-19 and its variants.



Masks – The Games are a mask-friendly environment. Except for when required, wearing a mask is a personal choice. No one should be made to feel as though they are being judged for said choice – respecting one another's personal comfort levels is imperative. Wear a mask in places where it is required.



Clean hands – Wash your hands with soap and water or use hand sanitizer often, such as before eating and after being in public spaces or after handling shared objects.



Monitor yourself – Before you come to the Games, consider completing the [BC COVID-19 Self-Assessment](#) to ensure you feel healthy enough to travel. While at the Games, continue asking yourself these questions each morning. It is important to monitor your health and talk to your coach if you are feeling unwell.

PARTICIPANT REGISTRATION

Provincial Sport Organizations are tasked with registering participants who qualified for the Games.

Participants can expect to receive a letter by mail (via Canada Post) with further information regarding their participation in the Games. This letter will contain details on how to access the BC GAMES PARTICIPANT WEBSITE. The letter will also be accompanied by participants' BC Games luggage tags.



Each participant **MUST DO** the following on the BC GAMES PARTICIPANT WEBSITE prior to the Games:

- Agree to the BC Games Waiver and Code of Conduct
- Complete the Medical/Allergy Form by March 15 at 4:00 pm
- Review demographic information (address, etc.)
- Complete the pre-Games self-health check,
- Complete the Culture of the Games Course by March 15
- Print travel itinerary

Also on the BC GAMES PARTICIPANT WEBSITE, participants **CAN DO** the following:

- Correct or supplement their demographic info (address, spelling of their name, school, Indigenous ancestry, add an email address, etc.), if necessary,
- Download their Certificate of Participation,
- Review, print, or download Games information.

If you have not received your letter by March 6, please contact the BC Games Society office (participantreg@bcgames.org)

TRAVEL

GREATER VERNON OR BUST

View your personal travel itinerary through the **BC GAMES PARTICIPANT WEBSITE**, accessed using the login information sent by mail. If you have lost your password or have not received your letter by March 6, contact participantreg@bcgames.org.

Your travel itinerary outlines how you will get to Greater Vernon and back home again. Please read it thoroughly and print a copy for quick reference.

If you miss your bus or flight, it is your responsibility to get yourself to the Games, at your own expense.

Some participants may have opted out of Games travel and will be travelling as “Own Travellers”. Please contact your zone coach or Provincial Advisor regarding sport-specific drop-off times and expectations, to ensure appropriate supervision.



Please wear your seatbelt when travelling on the bus or plane!

TEAM TRAVEL

To ensure the safety and supervision of athletes during travel to and from the BC Games, zone teams travel together on Games transportation (buses/flights) throughout the province, departing from and returning to central locations. This ensures that every athlete is supervised by an accredited adult (head coach, assistant coach, or adult supervisor) from the time they board a bus/flight until the time they arrive at their destination.

Participants must provide their own transportation to/from the selected pick-up/drop-off location(s). It may be the case that assigned pick-up/drop-off location(s) are not the closest to a participant's home, however, they must be adhered to for the safety and proper supervision of athletes.

PREPARE FOR A LONG TRIP

All participants travelling on BC Games transportation are scheduled to arrive in Greater Vernon on Wednesday, March 22 or Thursday, March 23. To arrive on time, you may begin and/or end your journey late at night or early in the morning.

Pack a meal for your travel to Prince George, as you may not have an opportunity to stop for food en route to the Games.

This travel schedule can be very tiring, so plan to get plenty of rest prior to departure and use the travel time to prepare, mentally and physically, for the Games experience.

GAMES RELEASE FORM

To ensure the safety of athletes, any athlete departing the Games early (i.e., Saturday evening or because of injury or illness) must complete a Games release form so that their coach and Provincial Advisor are aware. Release forms can be obtained from coaches or Provincial Advisors or at the Dorm Accommodation Desk. Release forms are not necessary for departures on Sunday.

GETTING AROUND GREATER VERNON

All athletes and coaches are required to stay in Games accommodation. Buses will take you to your sport venue, meals and other transfers. Refer to the Bus & Meal Schedule distributed at Games-time. It is critical that you are at your pick-up location at the designated time so that you don't miss the bus.

Officials will be serviced by the volunteer courtesy car service to and from accommodation sites and sport venues. Please contact the courtesy car shuttle at Games-time to plan and book your rides in advance. A Games Information phone number will be on the back of your Games accreditation badge – use this number to book your ride.

TRAVEL HOME

All Games departure transportation will occur on Sunday, March 26. Please refer to your Bus & Meal Schedule, as well as your personal travel itinerary for details. Departure plans will vary by sport. Participants travelling home on charter flights will board flights from the Holding Area. Do not travel directly to the airport. Parents picking up their athletes at the end of the Games can make plans to pick up athletes from their accommodation site or sport venue (depending on the sport).



ARRIVALS and PARTICIPANT ACCREDITATION

Zones 3, 4, 5, and 8-South (Arriving by Bus):

- The bus will take you directly to your accommodation site.
- One of the zone coaches will complete the accreditation process for all coaches and athletes on the zone team and distribute accreditation badges and Games information.



Zones 1, 6, and Flyers (Zone 7 and 8-North):

- Upon arrival at the Games, you will be taken to a bus arrivals area where you will transfer to a bus that will take you to your accommodation site.
- Upon arrival at your accommodation site, one of the zone coaches will complete the accreditation process for all coaches and athletes on the zone team and distribute accreditation badges and Games information.

Own Travellers (parent drivers)

- Participants must connect with their zone team coach or Provincial Advisor in advance to coordinate their arrival at the accommodation site.
- Officials go directly to their sport's accommodation site and accredit in-person.



Those not staying in Games accommodation should contact their Provincial Advisor for information about how they will be accredited.

Accreditation badges are required to access Games venues and contain important Games details.

ACCREDITATION BADGE

You must wear your Games badge at all times in order to access your accommodation site, food venue, events, buses, and other services.



SPORT SCHEDULE

Provides the times and locations of your sport competition and practices.



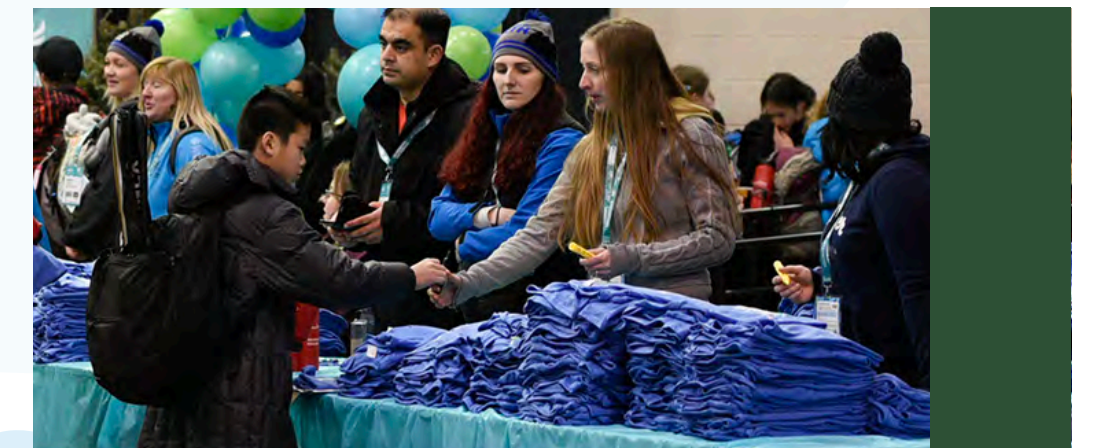
BUS & MEAL SCHEDULE

Provides a schedule of your meals and when buses will transport you while at the Games.



GAMES KEEPSAKES

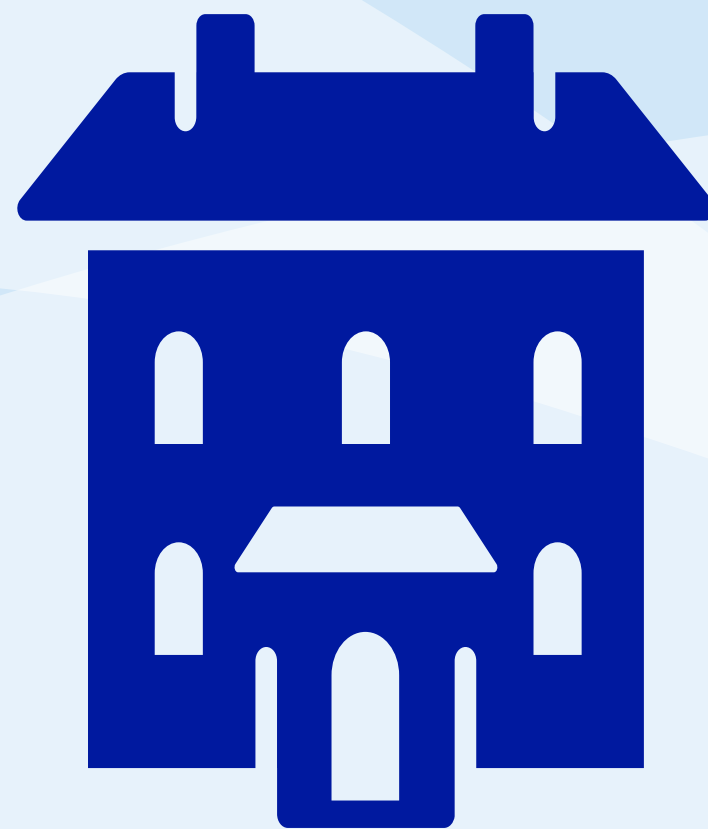
Each participant will be provided with a pin and buff as keepsakes from the Games.



GAMES ACCOMMODATION

All Games participants under the age of 19 must stay in Games accommodation.

Schools in Vernon have been converted into suitable dormitories for an enjoyable Games experience, thanks to the tireless work of volunteers and a collaborative partnership with School District 22 Vernon. Dorm room assignments are done by sport, zone, and gender. A foam mattress will await all Games participants – don't forget to pack your sleeping bag and pillow!



SUPERVISION

Head coaches, assistant coaches, and adult supervisors are expected to travel on Games transportation with their athletes, must stay in Games accommodation with their team, and are expected to supervise throughout the Games. Head coaches, assistant coaches, and adult supervisors, along with each individual athlete, are responsible for the actions of their team.

CAMERA USE POLICY

Participants are expected to respect the privacy of others and avoid using cameras in vulnerable settings at the Games (e.g. dorm rooms, change rooms, bathrooms, etc.).



ACCESS TO ACCOMMODATION

Only participants assigned to a particular accommodation site are permitted access to dorms, and then ONLY to their assigned dorm room. Please respect the privacy of others and do not enter rooms not assigned to you.

Friends or family staying in other accommodation options will not be permitted into accommodation sites or dorm rooms.



Curfew is 11:00 pm, at the latest, for all participants, including adults. Some coaches may establish an earlier curfew. All participants staying in Games accommodation must have their Games badge scanned as a safety check before curfew. Failure to have one's accommodation badged scanned by curfew may result in disciplinary action.



LEAVING ACCOMMODATION

Participants staying in BC Games accommodation are expected to remain in accommodation for the duration of the Games. Anyone who removes themselves from BC Games accommodation prior to the completion of the Games will no longer be eligible to compete, have meals, or take Games transportation back home.

Participants who finish competition prior to the final day of the Games may remove themselves from Games accommodation by having their Provincial Sport Organization Representative complete the Games Release form.



SECURITY

All Games accommodation sites are security-controlled 24-hours per day for your protection. Anyone violating BC Games accommodation rules will be subject to disciplinary action.

Sport venues are serviced by security volunteers during all scheduled practice and competition times.

While security and other volunteers will be available to assist you, you are responsible for all your belongings at sport venues and in Games accommodation.

MEALS

While at the Games, participants will be provided with nutritious and well-rounded meals so they can perform at their highest level.

Breakfast, lunch, dinner, and evening snacks are provided for all participants. Breakfast and dinner will be scheduled by sport at designated food venues. Grab-and-Go lunches will be made available to participants during breakfast service. Make sure you take one with you prior to heading to your practice or competition venue.



Have a food allergy or dietary concern? Ensure you complete the Medical/Allergy Form on the BC GAMES PARTICIPANT WEBSITE by March 15 at 4:00 pm.

MEAL TIMES



Each sport will have specific meal times based on their sport schedule. Refer to the Bus & Meal Schedule for your exact meal and bus pick-up times. Participants are expected to adhere to these schedules and exit food centres accordingly. Significant efforts have gone into ensuring the meal schedule allows for maximum health and safety for all participants.

CONCESSIONS

Select venues will have food concession services for participants and spectators throughout the Games.

FOOD ON THE ROAD

Participants are encouraged to pack a meal in case they get hungry on their way to the Games. Dinner will be provided upon arrival at accommodation sites.

WATER

Water will be available at every sport venue; bring a refillable water bottle to stay hydrated. Bottled water will not be provided to Games participants.



OVERVIEW OF EVENTS



WEDNESDAY MARCH 22

EARLY ARRIVALS

- Participant Arrivals
 - Zone 6
 - Zone 8-North

THURSDAY MARCH 23

ARRIVALS & PRACTICE

- Participant Arrivals (all other Zones)
- Participant Accreditation
- Practice/Venue Orientation
- Opening Ceremony

FRIDAY & SATURDAY MARCH 24-25

COMPETITION & SPECIAL EVENTS

- Competition
- Medal Presentations (if applicable)
- Participant Special Event

SUNDAY MARCH 26

DEPARTURE DAY

- Competition (if applicable)
- Medal Presentations
- Check Out of Accommodation
- Charter Buses Depart
- Holding Area for Those Flying Home
- Virtual Closing Ceremony
- Charter Flights

CEREMONIES AND SPECIAL EVENTS

OPENING CEREMONY

Kal Tire Place
Thursday, March 23 7:00 PM
Gates Open at 6:00 PM

The Opening Ceremony is a memorable experience and kicks off what will be a fantastic four days. The ceremony will feature the participant parade, guest speakers, entertainment acts, and the lighting of the BC Games Torch. Participants are encouraged to dress in zone colours.

The ceremony is indoors, however, participants will walk or wheel a short distance outside from the marshaling area to Kal Tire Place. Please dress appropriately. There is no service to store bags or coats.

Parents, volunteers, and general public are encouraged to attend this free event. Seating is general admission. No tickets are required and ample public seating is available.

PARTICIPANT SPECIAL EVENTS

Friday, March 24 & Saturday, March 25
7:00 – 10:00 PM

On Friday and Saturday, two fun-filled nights have been planned to give you a chance to socialize with your fellow BC Games participants.

A dedicated space with light snacks will be available for coaches and adult supervisors. Coaches and adult supervisors are expected to chaperone athletes to and from events aboard Games shuttle buses.

CLOSING CEREMONY VIDEO

Sunday, March 26

These BC Winter Games will close with a virtual video montage celebration. Keep an eye on your email inbox on departure day!



You must wear your Games accreditation badge to get into all special events.

Please check your Bus & Meal Schedule for Games transportation information to/from these events.



SPORTS IN THE GAMES

SPORT	SPORT VENUE
1. Alpine Skiing	SilverStar Mountain Resort
2. Archery	Vernon Secondary School
3. Artistic Gymnastics	Priest Valley Gym
4. Badminton	Kelowna Badminton Club
5. Biathlon	Sovereign Lake Nordic Centre
6. Cross Country Skiing (incl. Para)	Sovereign Lake Nordic Centre
7. Curling	Vernon Curling and Athletic Club
8. Figure Skating	Priest Valley Arena
9. Freestyle Skiing	SilverStar Mountain Resort
10. Judo	Clarence Fulton Secondary
11. Karate	Kalamalka Secondary
12. Rhythmic Gymnastics	Seaton Secondary
13. Ringette	Kal Tire Place - North
14. Snowboarding	SilverStar Mountain Resort
15. Wheelchair Basketball	Lavington School and Community Centre

The partnership between the BC Games Society and each Provincial/Disability Sport Organization as well as local sport clubs is integral in the delivery of these Games.



SPORT INFORMATION

Competition at the BC Winter Games is delivered in partnership with Provincial and Disability Sport Organizations (PSOs and DSOs) and local sport clubs. Provincial Advisors, or PSO representatives, provide oversight and competition standards appropriate for each sport's long term development pathway. Sport Chairs are the local sport club leads who help prepare the venue, train sport volunteers, and implement the event competition.

Most BC Winter Games sport venues are located within Greater Vernon. Snow based sports are located at Sovereign Lake Nordic Centre or SilverStar Mountain Resort, while Badminton is being hosted at the Kelowna Badminton Club.

The venue locations and sport schedules can be found at [BCGAMES.ORG](https://bcgames.org)



PRACTICE TIMES

The Provincial Advisor for your sport may have arranged for one or more of the following on Thursday, March 23:

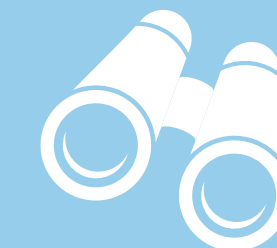
- a full practice at the competition venue for your sport
- a tour of your competition venue
- a clinic or seminar at your competition venue or accommodation site

Refer to your Bus & Meal Schedule and Sport Schedule, which you will receive when you arrive at the Games.

COMPETITION

Most competition will begin on Friday, March 24 and will conclude no later than noon on Sunday, March 26. Sport competition schedules are managed by your Provincial Sport Organization.

SPECTATORS



Friends, family, and supporters are an important part of the support system for athletes and coaches. The BC Winter Games is planning for spectators in alignment with BC Games safety protocols and Interior Health event restrictions.



FOLLOW THE ACTION

There are lots of ways to connect with us and follow the action at the BC Winter Games!

JOIN THE CONVERSATION

Follow us on Facebook, Twitter, and Instagram. Use #BCWinterGames!



ON TV AND IN PRINT

Global BC news programs and globalnews.ca/bc will be featuring special stories and interviews during the Games.

Read all about the Games in print or online through the Black Press network of community papers. Visit bclocalnews.com for more info.



GET THE APP

The BC Games App is the home for everything happening at the BC Winter Games! Download it at BCGAMES.ORG

PHOTOS

Volunteer photographers will be at venues capturing the best moments of the BC Winter Games. Check out and download all images from our Flickr page. All the best action shots, team photos, medal moments, and more – all made available for FREE!



MERCHANDISE

The official Greater Vernon 2022 BC Winter Games merchandise collection is now available!

The collection features artwork by David Wilson Sookinakin, a Syilx Okanagan Nation artist and a member of the Okanagan Indian Band, inspired by Wilson's Interior Salish Ancestry.

Find more details on the merchandise page at bcgames.org.



*The
David Wilson
Sookinakin
Collection*



THANKS COACH

All successful sport experiences start with a coach. Coaches are integral to all sports at the BC Winter Games and the Games simply would not be possible without qualified, committed, and passionate coaches.

All coaches at the BC Winter Games are:

- Screened and approved by their Provincial Sport Organization.
- Committed to pursuing certification from national coaching programs in accordance with their sport's coach development pathway.
- Responsible for supervising their athletes and creating a safe environment at the Games.
- Passionate about their sport and creating opportunities for athletes.

PARTICIPANT RECOGNITION

CERTIFICATE OF PARTICIPATION

Participating in the BC Games is a major accomplishment to be proud of! You can download your certificate through the BC GAMES PARTICIPANT WEBSITE as noted on page 10.

SCHOOL CREDITS

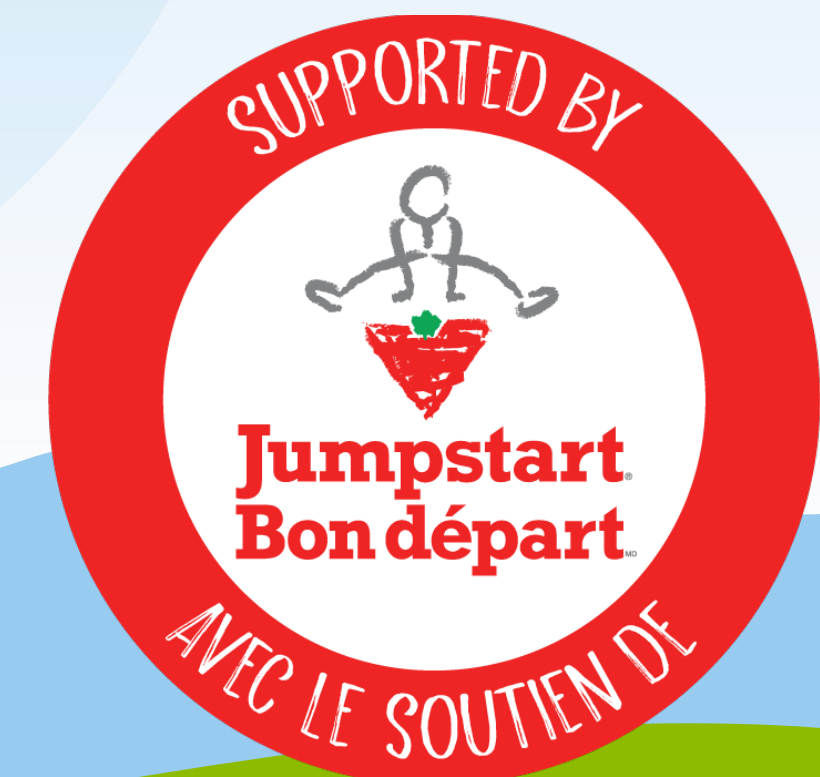
Did you know that students may be eligible for credits towards secondary school graduation for their participation in the BC Winter Games? Visit the [Ministry of Education and Child Care website](#) for a list of eligible sports and learn more at [bcgames.org](#). If eligible, contact your Provincial Sport Organization to obtain a letter for your credit.

BC GAMES LEADERSHIP BURSARY

Athletes, youth coaches, and officials taking part in the BC Winter Games are invited to apply for the BC Games Leadership Bursary. Supported by Canadian Tire Jumpstart Charities, this bursary aims to recognize participants under 19 years of age who have achieved in academics and sport while going above and beyond in their communities through leadership and volunteer activities.

Sixteen \$1,000 bursaries will be awarded (2 per zone) to support recipients' future sport or educational pursuits.

APPLY ONLINE ([LINK](#)) by March 6, 2023



Since 2005, Jumpstart has helped over 3 million kids across Canada get off the sidelines and into the game.

For more information, visit [jumpstart.canadiantire.ca](#).



BC GAMES
GREATER VERNON
2022 WINTER
MARCH 23-26, 2023

We believe in the power of the BC Games

In addition to creating development opportunities for athletes, coaches, officials and volunteers in communities across British Columbia, the BC Games creates lifelong memories, builds new and lasting friendships and fosters a sense of community spirit and pride through sports and volunteerism for countless British Columbians. Get up-to-date coverage on your favourite athletes and latest results in print and online.

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SPORT PARTNERS

The BC Games Society would like to acknowledge the following organizations for their ongoing partnership and support of the BC Games. The considerable expertise accessed through these partnerships is instrumental in building valuable sport development opportunities through the Games.

